

Pretty Curious with Jonathan Van Ness & Adir Abergel

JVN: Hey, Curious People, welcome to Pretty Curious. It's my podcast on all things beauty and I'm Jonathan Van Ness. This week, we're speaking with a celebrity hairstylist and dear friend of mine- and actually, I'm going to put some respect on that name. He's a leading celebrity hairstylist. He does some of the biggest names in the industry. Adir Abergel. Adir has styled so many iconic looks on everyone from Charlize Theron to Kristen Stewart and is the creative director of Virtue Las. We're talking all about Adir's incredible career and the journey that he took to become a celebrity stylist, which literally you guys knocks my socks off because he told me a bunch of stuff that after being friends with him for like quite a while, I didn't even know and like spoiler alert, it involves Tina Turner. So, oh my God. Um, but let's get to our first gorgeous segment which is "Get Ready With Me."

So since we are just starting the year, I'm only going to hit you with one product because of the strike this year or the strike last year. Um, we the Emmys were moved and so typically the Emmys would be in September, but this year they're in January and this, in this episode of Pretty Curious is going to be coming out the day after I get to go to my Emmys, which is the Creative Arts Emmys. Um, but also, you know, they, they were on Sunday, which is the same day as, um, as the, oh my God, you can do it. Jonathan. Um, um, um, the Golden Globes. So we have the Golden Globes and we have the Emmys. So I actually don't exactly know I'm doing the hair, but I know that both things need to be prepped with a glorious and perfect shampoo and conditioner for volume, which is why our Getting Ready With Me Product of the Week is our JVN Hair Embody Shampoo & Conditioner. This product is like, I think it's one of our real unsung heroes because historically, like all volumizing shampoos and conditioners kind of worked by like drying the hair out and ours works by kind of approaching volume in a different way. So we included bamboo extract, which is rich in silica or salt, which absorbs extra oil, but it doesn't dry the hair out.

Then what we did is we paired it with aloe leaf juice, which is a really lightweight ingredient, but it's super hydrating. So it gives the hair the strength that it needs to feel thicker and to not break off because a lot of times people that have finer hair or even just when you want bigger hair, you're putting a lot of heat on it so it can make the hair more prone to breakage. So I knew with Embody, I wanted to do something that was going to make the hair stronger as well as fuller. We also use caffeine, which helps to increase the blood flow to the scalp, which helps, like for the blow dry to like stand up more um like it, it really helps to get more lift up off the scalp. Oh, and then it also has biotin which is also really strengthening for the hair. So that bamboo extract like it, it's just, it's so cool the way that it absorbs excess oil. So you're left with like strong, lightweight hydrated hair that's like perfectly prepped for like a full gorgeous blow dry. So get into it. You could so yeah, so get into it. I love it. And also if I do end up doing a ne do you know, I'm going to do some prewashed cop oil because it feels so good when you take up do out.

But since yesterday was the Golden Globes, I literally couldn't like go into a closet in the hotel or like re or like record. Um the Beauty News and hot takes because really you guys during awards season, we're Pretty Curious, I'm gonna do like a positive like uh Fashion Police vibe. But on like hair and makeup and just say like talk about like what my favorite looks were. And, but I can't do that yet because it like, literally hasn't happened yet. So we're

actually going to do that over on @CuriousWithJVN. So keep your eyes out for that. I'm gonna film it on Monday. And I'll post it on Monday um over on @CuriousWithJVN. So if you want to see what we thought about that, uh, then do, then make sure that you are coming over there. So, and we're just having so much fun on @CuriousWithJVN so love you to pieces. So, Beauty News and Hot Takes will be online or will be on social, uh, em body shampoo and conditioner if you already have thick hair and you just want it to be like bigger and fuller for like a big ass blow dry. This is for you. If you have fine hair, uh, and you just want fuller thicker feeling hair, it's also for you. So we love it and it won't dry your hair out. But now it's time for us to toss for our conversation with celebrity hairstylist and dear friend of mine, Adir Abergell. We are finding out the best path to gorgeous hair. Welcome Adir, How are you?

ADIR ABERGEL: Hello, my beautiful Jonathan.

JVN: You need to become a singer! Two hilarious Adir stories before we even start. One: I'm promoting Getting Curious with Stephen Colbert and I go there in New York and I run into Adir who just steals me away to come talk to Kristen Stewart. It was the best night of my life. But then I accidentally got so obsessed with talking to Kristen about *Panic Room* that I forgot to talk about my own show on my part of the interview, I just, I literally forgot to like talk about it that much. Um but was that night as fun for you as it was for me?

ADIR ABERGEL: That day was so amazing for me to go and introduce you to Kristen because I have been such a huge fan-girl of you because what you do in the planet. You are one of these people that I truly believe have come here to really touch people and to really change the perspective, the way that people see other humans. And I feel like for me as well, I'm constantly thinking how to be of service and it was such a beautiful moment to kind of bring all of the people that I love into that room. And I'm really happy that we made you forget about what you were there to do and that you just gave us love and it was all about us.

JVN: It was so much fun. It was like, honestly, and I've never gotten over it. I talk about it like at least three times a month. I'm not even exaggerating. I will never get over that Nicole Kidman was originally supposed to be Jodie Foster in the *Panic Room*. That's what I learned that night. I was like, "Kristen I hate to be that girl who's just like, hey, like I'm gonna talk to you about work and then probably the most like one of the most obscure, you know, credits." It's like the *Panic Room*. Like why are we talking to the *Panic Room* about Kristen Stewart? It's my favorite movie. I can't help it. It's top five for me.

ADIR ABERGEL: Did you see how good—by the way—can we talk about how good Nicole looked at the Balenciaga. How good, how good did they do?

JVN: That little, that little fucking cuntty bob is so fucking pretty. She....oh my God. Oh my God I,I,I,I think I might just spontaneously combust. I'm OK. You guys? Ok, then I have to tell you guys one other funny Adir story. So I'm minding my own business in JFK. I just walked in and I—to the airport—and I was on an edible that I thought was 10 mg, but really after I took one, the bag said 50 I was like, "Oh, this is gonna be like, I'm gonna be a little bit like I'm really gonna be a little bit two sheets to the wind in JFK right now." So I walk into like the little check in place and then I hear, "Don't let him on the plane, don't let him on the plane. Don't let him on the plane, honey." And it's Adir and like all of the ladies and like the people at like the check in like it seems like he because Adir had just like finished up his check in. But I

was like, I was so paranoid and I was like, “Oh my God, I love you that I was like, wait, stop yelling um don't let him on the plane because I'm really high and I can't tell the difference.” I was trying to play it cool girl because I was like, I was so I literally was, I was, I don't think I've ever been that stoned in public as I was that day.

ADIR ABERGEL: Oh, no, you did it. Oh you did great, babe.

JVN: I was, I was just like focus.

ADIR ABERGEL: I would have never known! Nobody knew. Nobody knew.

JVN: Thank God. And I'm so glad that my inner monologue didn't show on my face like I was like, “oh God.”

ADIR ABERGEL: Yeah, well, I'm also really happy that they did let you in.

JVN: They did because you were committed, you were committed to that bit and it was hilarious. Okay, so Adir, okay so this is our first episode of Pretty Curious of the year and Pretty Curious is this space where we talk all things beauty and you are, I mean, you really are one of, you have created some of the defining looks of our time. You are so important when it comes to hair artistry, hairstylist, expression. And I think that so many people just don't even realize the um the connection that like hairdressers have—or not even the connection—the point of view that hairdressers have. Because we like connect with so many different people and your hair is such of this like intimate connection to yourself. So not only do I want to talk to you about like trends and what you think is coming up in the year, but also like more broadly, how do you think people can best express themselves through their hair? And if people have felt like, completely overwhelmed by getting into their own hair, if they're like, I just can't, I'm not whether it's I'm not worth it or I'm overwhelmed by it or I'm just not going to invest that time because it just, it stresses me out. So if you're like a hair beginner, I want to ask you about those things. So, but first things first, my ADHD like overran with myself just and I'm so sorry. So New Year 2024—and I know you get asked this all the time. I do too and it drives me nuts but because every trend is cyclical and we know this—but what do you think is coming in 2024? Like what do you think all the peeps are going to be talking about hair wise?

ADIR ABERGEL: I mean, I think that we're going to be seeing a lot of layers happening. So I think, think about like early like '70s, think about, you know, all of these amazing layers, all of these amazing like bangs that were around that time, all of the featherness, all of the movement. I think for a long time, we've just had kind of like either like long hair or short bobs or like these things that were kind of like a little bit more architectural, but like now it's about like free flowing and letting your hair kind of be like, have its own natural textures, whether it's like curly or wavy or straight; layers are incredible in your hair. And I think that we forget that they're there to support and kind of give you life. And by the way, everyone looks good with a little bit of movement if it's done, right? So I think we're gonna be seeing that, a lot of that.

JVN: Don't you fucking hate it when you talk to someone about layers and they're like, “Yeah, I love layers. I want three or like I want seven.”

ADIR ABERGEL: Yeah, or I just want like long layers that are at the bottom that are not really layers. I think the I think the issue is, is like, look uh people have had really bad cuts in their lives, right? And I think most of the time it started when their parents gave them their

initial bad haircut and we're all traumatized from that. So we rather just kind of like grow our hair into like what we know. And for me, I think the biggest, most important part is not homogenizing yourself and truly, truly finding your own self identity and really playing with hair because hair is truly one of the greatest accessories. It's not like your face, you're not, you're not going and doing a facelift and you can't go back. Hair is temporary. A hair style is just to wash away, right? So you can do something severe with your hairstyle and then all of a sudden go and wash it at the end of the day. You can go and get a haircut and a few months later it grows out or you can add extensions or you can put on a wig. There's so many ways for us now to play with our looks and there is no more, this thing where we have to be locked in a box. I think the beauty is, is explore, have fun. Go and you know, when I think about like how much fun people had with their hair in the fifties and the sixties, even during Cleopatra time, even even during Napoleon time when people wore wigs, when people um you know, like you think about then like in the sixties when all these men got like these really cool haircuts, we've become just a little bit um safe and I think it's time to just go and explore and kind of just say like, fuck you: this is who I am and this is who I am for today. And guess what, tomorrow I can be someone else.

JVN: Adir, I really wanna wear more wigs—sidebar—but I have like the biggest literal fucking head. Like I don't mean like, "Oh, I have a big head," like literally in fifth grade when we had like, they taught us how to like, like they taught us literally how to make an average by making us all measure our heads with a string. And then we had to like, put the centimeters of like how and I, and then we had to like line up in order of head bigness in the class and I was like the biggest head by like so much. And so I just have always had like, I had this big fucking head like I can't fit a goddamn wig on it.

ADIR ABERGEL: Wait, do you know your measurement?

JVN: It's like 78 centimeters. So you were in the salon for like what's been the like what's been your because you've been doing hair for like...

ADIR ABERGEL: I've been doing hair for 30 years.

JVN: Wow. Adir, shut your goddamn mouth. So you've been doing hair since you were five? Like how come your skin looks like that? Did you contract Benjamin Button's disease when you've been living in L.A.? Like, girl, your cheeks are giving me like you have these the most baby ass face. Good for...I'm just saying good for you. Good for you.

ADIR ABERGEL: Thank you, baby love. Thank you something, thank God. Um No, I started so kind of my career. I always thought that I was going to be a dancer and that was kind of the trajectory of where I thought my life was heading. And um I grew up in L.A. and I remember being very young around like seven or eight years old and me wanting to make like a few extra dollars and my mom's friends would come over and they would ask me like, "Oh, do you mind applying my hair color?: And so I'd be like, "Yeah, of course, I'll apply your hair color." So I would like to apply their hair color. And then they started being like, "Hey, can you like blow-dry the front of my hair," at like nine years old? And I would be like, "Yeah, of course." And these women were like Moroccan women with like serious, serious curls on their head and you had to like learn how to tug that, create the right tension, put it around that brush, let it cool down, have that beautiful bounce. So like I kind of like learned how to do that at a very young age. And I, I think what I really fell in love with at that moment, is when the transformation happened and you were done, there was something incredible

about the image making that really clicked for me that I was like, oh, this is something that equals like self-respect for the for the human that you're exchanging this energy with. And so I kind of loved it and then I forgot about it because I kind of focused on my dance. And then I got injured dancing and I couldn't dance anymore. And I, I, you know, I had left school by the age of like 13 and a half and I took my GED and I never went back to school. And so when I stopped dancing, I decided to then go to Santa Monica College and go to the Cosmetology program there. And I signed up and I was there for about two months and then I heard that someone was looking for an assistant or something. And I ended up taking like a bus, I was like 14 and a half years old, 15, at this point. I took the bus to Beverly Hills from Santa Monica. And I walked into the salon and there was this guy named Arthur John. So I had no idea who the fuck he was. And I was like, uh "OK, well, I'm here for the interview and you're basically going to hire me and I'm not leaving here until you know that I'm like the right person for you. Oh and if I come and work for you, you have to do an apprenticeship program so I can leave college and I can get my license through you." And I somehow convinced him to do that. And he became my mentor and I ended up working for Arthur for almost seven years. And again, like when I worked for him, people, like, I don't know if you know who Edie Adams was, but Edie Adams was married to Ernie Kovacs and she basically was best friends with Marilyn Monroe. And so I grew up like doing her hair every single week. She would come in with her few hairs that I would wash and then we would blow-dry and then we would create these incredible styles. And she would tell me all about Marilyn and she would tell me all the stories of her best friend. And then there was Julie Christie who would come in and then we would do all the wigs for Tina Turner and then um uh Chaka Khan and Olivia Newton-John. And he did, I mean, he did Karen Carpenter when she died. He did her hair like, I mean, he's the one who created the Princess Leia buns.

JVN: Oh my God.

ADIR ABERGEL: Yeah, this guy, yeah, this guy is like Arthur is like major iconic, but I had no idea that that's what he did. But he kind of, you know, he kind of taught me everything and, and, and I think also not, not really going to school... I love that your podcast is called like Getting Curious because it's like, I was so hungry and so curious to learn more. And I think that that's um a gift that everyone should have in their life. And, you know, and that's, and that, yeah. And so I ended up learning everything from Arthur really at that point. And then I left him and then he wanted to kill me.

JVN: We're going to go into our rapid fire round. Are you ready for this? Rapid fire: a budget beauty recommendation; hair care, makeup, skincare, anything.

ADIR ABERGEL: Uh uh uh uh uh ok. Uh uh uh uh Jillian Dempsey uh Spot Concealer. It's like my fave and by the way, she's like my, she's like my makeup sister. So it's like she's like my wife. I know Patrick Dempsey has her but like really it's like she's also mine.

JVN: Ahhh! Jillian Dempsey yes! Ok. Um splurge recommendation like you want to get coinsy, you want to just fucking treat yourself? What is it?

ADIR ABERGEL: Yeah. Uh uh um for me it's always can it, can it be like a great massage or does it have to be a product?

JVN: It can be a great massage but also like is it, is it a Dyson? Is it, is it, is it that Augustinus Bader people? Is it like what is like, what's something like boujee bitch shit?

ADIR ABERGEL: For it's Sisley um uh the, the black, the black um what's it called? Black rose mask.

JVN: You're just like you're... and a massage. You can have both Adir.

ADIR ABERGEL: And maybe put that on and then go and get the massage.

JVN: Yeah, I just feel like I just needed like while we have you, I just need to know your like I just needed you like I knew that you had some good ones. What is a product you never leave home without?

ADIR ABERGEL: Truly, truly, truly 100% Virtue Healing Oil. Always, always, always, always, always,

JVN: It's a look: most inspiring beauty memory.

ADIR ABERGEL: Uh wow. I mean...

JVN: It's like the hardest question in the world for you.

ADIR ABERGEL: It really is. It really is because, you know, it's like...

JVN: I'm gonna, I'm gonna specify, what was your most inspiring like as a child? Like as a kid when you were like, "Oh my God, I fucking like, I love like hair or beauty or this is just so fucking cool."

ADIR ABERGEL: Yeah. I mean, I think for me always like, I remember like seeing Brigitte Bardot and really kind of like falling in love with like first of all the amount of hair that she had on her head and also like this like French actress like, like it was, it was like all of like Catherine Deneuve and her and like, you know, it's like Marian, like they were just like, it was just like sexy but effortless but easy but like, so yeah, those women like Julie Christie, like all of those like kind of like women like I was obsessed: Doctor Zhivago. Like all of that.

JVN: Round brush, boar bristle or metal...or different based on the person.

ADIR ABERGEL: I mean different based on the person for sure, for sure. I mean...

JVN: That was more for me. I just thought of it, you guys, I'm so sorry. I just thought.

ADIR ABERGEL: No, no, no, no. But it is, it's different, it's different depending on the person. I mean, if you're looking for volume and if you're looking to create kind of memory, then I would, I would personally use a metal brush. If you have texture in your hair and you're trying to get that like thing out of it, then a boar bristle is like amazing. I personally, as a hairdresser, I kind of use a boar bristle for everything. But I think if you're a consumer at home, uh, a metal brush is, is a little bit easier.

JVN: Oh my God. I maybe, maybe I'm OK. Can I tell you how I've been using it for my whole career? Just because I really have that for me. I know it's rapid fire. Ok. I use, I was more trained with metal round brushes for when I'm knocking out texture, like when I want to knock out texture, blow it smooth. Like I can make like literally 4C hair look flat ironed with a metal brush. I was and then I, and then I was more trained with boar bristle for when I have like finer hair, shorter hair hair that I want to be a little puffier. I'm like going to like take the nozzle off and I'm going to use the boar bristle and I'm going to kind of sit there and I give you like that little like Beverly Hills like old lady like or, you know, more puffy like that's how

my, my teachers like these like French people from like um, Privé, it was like, my people were like these people who came from like Laurent at Privé, like that was like their...

ADIR ABERGEL: I mean, I know them all. I mean, I like those are like my people that I like...

JVN: And that's how I always, that's more how I approach a blow-dry. So, I'm always curious, like how other hairdressers do it.

ADIR ABERGEL: Wait, that's so crazy though because I would think that for me, I mean, for me, if I'm using the metal, it heats up, it creates a little bit more of a memory, it can get really those roots going. And then when I let it cool down, it's going to almost be like almost like a curling iron that's really creating that movement. So I would use it more for volume, but I see you can also use it kind of like anyway, su-super interesting,

JVN: You know, you guys OK. What Adir just did...OK. Yeah. So yeah. So if I want volume and lift with my metal, then I'm obviously going to go underneath the hair, you know, when I'm round brushing it and I'm probably going to set it on either like, yeah, exactly or just like getting the round brush under the section when I want it really flat, smooth, sheer, no volume, like just really sleek that I only put the brush like on top of the section. I'm only pulling like pulling, pulling it like that.

ADIR ABERGEL: Got it. Got it. So you're almost using it like a flat iron kind of going down the hair.

JVN: Yes. Yes. And then with boar bristles, I almost never use boar bristle brushes with a nozzle. Like, I'm always like, taking the nozzle off like that, you know, the concentrator off and just like, yeah, and then I just make this, like, really, like, you know, like more puffy, like feathery texture with, but I almost never use boar bristles on curly hair because I'm scared because I just make it so puffy. It's like I always get my metal out if it's like curly, always metal.

ADIR ABERGEL: So I have no metal in my kit at all...

JVN: And mine's kind of the opposite. I only have like two boar bristles and like everything else metal.

ADIR ABERGEL: Babe! I love it. I love it. We need to try, you know what we need to do? We need to get like the same person you need to use the boar, I need to use that and then we need to see what we can do with it.

JVN: That's gonna be Youtube, Adir, we should do that. And also I, I'm scared, I'm scared though because I feel like you're gonna be like, "Girl, you're a mess like who taught you?"

ADIR ABERGEL: No, I'm not, I'm not, I'm just gonna, I'm gonna blame your teachers. I'm just gonna blame your teachers.

JVN: Ok. Ok. OK. Um meh or major: cutting your own bangs.

ADIR ABERGEL: Um, you know what? It could be, it could be like major, it could be major if you do it tight. But most of the time meh. Most of the time don't touch it. Like, once in a while, like, you're like, "Oh my God. Wow. I did great." But, like, 99% of the time you're gonna mess them up. So don't.

JVN: Sofia Richie, slicked back bun. Like, is that 2024? Is it meh or major? Are we over it?

ADIR ABERGEL: I mean, no, I think, I think that's like timeless. I think I'm like always, I think that's like neither meh or a major or like it's just like it's just like...

JVN: It's always, it's omnipresent. What about claw clips?

ADIR ABERGEL: Oh I'm obsessed. Are you kidding? It's like major for me. I think everyone needs to have it. I think if you're running through the airport, you can easily just throw your hair up, put a clip, put two pieces down and you're ready to go.

JVN: Um um um um um um uh hyphy colors like hyphy bold hair color like like, you know, like bright reds, rainbow colors, teals, purples, lavenders.

ADIR ABERGEL: I mean always amazing, always amazing because it's like whatever; have fun with your hair, have fun with your hair. I mean, we just saw Dua Lipa with this bright red like crazy hair like amazing, like great, have fun.

JVN: I was really into in 2023—and I have to say it, I'm not over it—I was really into those like cherry cola red. It was like, just like red. I've always looked like a red brown. I've always loved that.

ADIR ABERGEL: Baby, me too. It's so beautiful on people. Especially if you have a little bit of a darker root to kind of anchor it, it's so gorgeous. It's so gorgeous when you have that kind of, it's perfect for fall too. Like, I love it for fall.

JVN: Don't you just fucking hate it when people go, like way darker than their natural hair color and then they have like floating roots between touch ups?

ADIR ABERGEL: Oh I mean, it's, it's almost more complicated like when you have a lighter root than the rest of the hair because it kind of, it can make you look like...

JVN: Bald.

ADIR ABERGEL: Exactly baby. So it can make you look like your hair is thinning. But you know what? Thank God now that there is all of these different powders that you can kind of use to at least like in between do that. But like, yes I, I it's, it's, it's complicated.

JVN: Okay, I'm not trying to like I know I said that we were almost done. I don't know how we're going to edit this episode down because I just love talking to you. But um but I have this conspiracy theory but I can't tell if I'm QANON or not. Do you want to hear it? Ok, because it's about, it's about dry shampoo. I have this theory...

ADIR ABERGEL: Okay. Tell me. Tell me.

JVN: I, I think that fine haired people that use certain types of dry shampoo, like all the time—I've just witnessed this in my career—I worry that like using dry shampoo for like 10 days, two weeks, like, not like I, I think that build up happens and it plugs up the hair. Like I think that it can like, make your hair get even finer because it's like plugging up your hair follicles when you like use it too much. Do you think that that's true? Like, have you seen this, what I'm talking about?

ADIR ABERGEL: First of all, I think that the idea where we used to think that we should not wash our hair regularly needs to be thrown in the garbage because would you go with not washing your face for that period of time? Your scalp is a living organism that is actually...one of the biggest organ is our skin and our scalp is part of our skin. So please

don't use dry shampoo for multiple and multiple and multiple days without washing your hair and without creating fertile ground for your hair to grow healthy hair. Like, no, not OK. I'm with you 1000%.

JVN: You guys this slick back little thing that I do because like this is my, this is like my wash day look: I blew my hair out smooth or I blew my hair out for four on like it's, it's uh it's Wednesday today and I blew my hair out on Sunday. And before that I had been Friday. I'm like, I'm like a 2 to 3 day girl. Like, I wash it every two or three days. Um, I think the most and longest is like, once a week. That's what I think.

ADIR ABERGEL: And by the way, and by the way, I agree, I think that you can go once a week if you are someone that doesn't use a lot of products on the roots. It's not, if you're like loading it up with that, then if you know that you're that person that needs to go longer with your hair, then don't put products right at the roots. Start right at the eyebrow and kind of put the products down there, right? Because naturally your hair is going to create more oils right at the scalp anyway. So that's not where you need it. Really, most of the damage really happens from brows down, right? It's mostly on your ends.

JVN: I thought I love that I'm ending the podcast on this note, but I watched that movie *White House Down* with like, um it's got like, um the girl who played like the girl that like that munch, Joey King. It's got Joey King. She's like, she's like a young girl. The White House gets taken over by terrorists. It's, it is, you guys it is so entertaining. And now me and my stylist, all we do is text each other like "White House Down"! It... It's really it's such, it's, but Adir, where can people follow you? Where are you the most active on social? What's next for you? Where can people follow Adir if they are just falling in love with you which I know they already have.

ADIR ABERGEL: Uh, I mean, hairbyadir is really kind of like where all the shenanigans happen. And that's kind of like where...

JVN: On IG, right?

ADIR ABERGEL: Our life is, it's on IG, it's on Instagram. Twitter, I'm not very active on. So, so Instagram is much better. Um, for me personally and what am I doing? I mean, there's so much that I'm doing. I've been growing my team immensely right now. You know, part of my passion is to really give back to our industry. And so I do a lot of mentorship um around the world with like hairdressers everywhere. I kind of do this thing where I travel around and I use new people in different towns. So if you are a hairstylist and you do want to assist, please send me a message on IG. I will always keep your name. If there's ever an opportunity, I would love to be able to use them as well. So, um, you know, I am working on new innovations at Virtue Labs. You know, I work very closely with my CEO we're coming out with incredible new products. There's a new one that's coming out that is truly, honestly like haircut in a bottle that is like unbelievable. It really repairs damage like I've never seen before. So I'm super excited about that. And then there's like a million projects that I've been working on that are coming out; like a movie that I did, um, that I set the look with Anne Hathaway, um, that my assistant, like stayed on the, on the movie and ended up doing. There's so there's so many amazing things, um, in the future, I can't, I can't wait to like share everything with you next time as well.

JVN: You guys: follow hairbyadir. Um also, so that's the best episode of *Pretty Curious* ever. I love you so much and Adir, thank you so much for coming on *Pretty Curious*

ADIR ABERGEL: Baby, your hair. It was on point today. Thank you for, um, second or third day. Is it third day, babe?

JVN: Um It's like it was a Yeah, Wednesday. So day four really but I'm gonna wash tonight, don't worry.

ADIR ABERGEL: Day four major babe, major. You gave us Rooney Mara top bun. Amazing Sophia it's like the whole...

JVN: So I'm the girl with the dragon tattoo! I'm so like, I'm such like an action star, you know.

ADIR ABERGEL: Baby, I mean, this like wholeheartedly. I love you. Thank you for doing what you do in this life. Um I, I, I'm humbled to be here and I'm humbled to share this platform with you and I love you and I'm grateful and I thank all your listeners and also by the way, Happy New Year to everyone.

JVN: Oh my God, you too. And also I think I just realized like what I'm so attracted to on your face. It's your chin dimple. Holy shit. Chin dimple is the most.

ADIR ABERGEL: Yeah, just kids call it a butthole. But yes, I'm glad I'm glad you call it a dimple, but they call it the butthole.

JVN: It's beautiful. Your chin dimple... I'm so obsessed with that chin dimple. It is... you're just so stunning Adir. Thank you for coming on. We love you so much.

ADIR ABERGEL: Thank you, baby.

JVN: You've been listening to Pretty Curious with me, Jonathan Van Ness. You can learn more about this week's guest in the episode description of whatever you're listening to the show on and follow us on Instagram at [curiouswithjvn](https://www.instagram.com/curiouswithjvn). Come on, Curious Universe. Still can't get enough? Subscribe to Extra Curious on Apple podcasts for commercial free listening and our subscription only show Ask JVN where we're talking sex relationships and so much more. Our engineer is Nathanael McClure. Our theme music is also composed by Nathanael McClure. Pretty Curious is produced by Chris McClure, Julia Melfi and Allison Weiss with production support from Julie Carrillo, Anne Currie and Chad Hall.