Pretty Curious with JVN & Dee TrannyBear

JVN: Hi, curious people. Welcome to Pretty Curious, our podcast on all things beauty. I'm Jonathan Van Ness. I hope your Monday is treating you right. I know ours is this week we're talking to someone who I'm obsessed with. I was turned on to this person through a lo it is none other than the master hair colorist and wig artist Dee TrannyBear. We're talking all about their journey with hair from growing up in Bavaria, which is Germany. I should have known that already, but I didn't um to working with Laverne Cox and Alok. And also we get to talk about this incredible show that Dee is working on that uses JVN Hair. But first it's time to get ready with me.

You guys, I have some major updates on Vegas beauty trends. So Vegas is like very much known for its casinos and its gambling, but it's also known for spas. So one thing I'm going to do while I'm here in Vegas is I'm going to go to a bunch of the spas and put together a little guide for you guys on like what's worth it and what's not worth it for Vegas Spa services. So yesterday I hit up the encore spot and I got the hydro facial that Nayamka was telling us about. So I got the hydro facial yesterday. It was really good. I highly recommend it. Is this like separate machine? It applies products and also like infuses the products more into your skin. And it also does extractions. I was obsessed with it. My skin feels incredible today, I just absolutely loved it. Um I also had an incredible massage there. Really loved. I will say also, since we've been in Vegas, it is so incredibly dry here. So for any desert people, if you are not oiling your scalp and oiling your hair, it's why your hair is not holding on to its shape and why it's not holding on to its color as long as it could be. So if you live in the desert, you should be doing Pre-Wash Scalp Oil um or another scalp and hair oil to apply before you wash your hair, please do it.

OK. It's time for a listener question, scalp care tips for dry scalp. There are suddenly so many new products out there for the scalp and I don't know where to start. So a pre poo or like a Pre-wash treatment is going to be the best place for you to start. That's where you take the oil, you put it all throughout your scalp. And then you want to disperse it all the way through your ends, massage through your scalp, let it sit for like 10 to 15 minutes and then you're gonna wash it out. I do like to do a double wash on the days when I do a scalp oil just to make sure that you have everything out of there. But it just, it deeply hydrates and helps to seal, calm and smooth your scalp and your hair. It just kind of balances everything clarifies, but also soothes and moisturizes at the same time. Obviously, I love our JVN Hair one, but I've heard great things about fable and manes and some other folks I also think sacred has like a cool rice treatment now. But the thing is with that don't use like straight coconut oil or just like straight up essential oils. You want to use something that's been formulated for your scalp and has been refined enough for your scalp. Um I think that really is so very important. Also tips for dry scalp. It's not only about like a pre-wash treatment. It's also about we've been told to like not condition our, our scalp because we don't because a lot of people are like, oh, I don't want my blow dry way down. Your scalp, really needs the moisture and in the shower, all the steam has like opened up your skin. So I always apply conditioner to my scalp and I really never have dry flaky scalp unless I have like a full on psoriasis flare up. But that doesn't have anything to do with dryness. Um So, but what you can do if you're worried about build up on or if you're worried about a lack of volume, but you still want to condition your scalp. I would recommend a volumizing conditioner on your roots and then you could use a heavier conditioner on your ends. So I often will do like our

embody conditioner on my scalp. But then I'll transition to like our hydrating conditioner on my ends. Sometimes your head and your hair needs different things based off of like where it is. So I do love a volumizing shampoo on roots with a hydrating conditioner on ends. If your scalp means a little bit of an extra kiss. Anyway, it's time for us to get to our conversation with none other than Dee TrannyBear. Dee TrannyBear is a master wig and hair colorist. Having grown up in Germany, Dee recently came to the US and has taken the industry by storm. They frequently work with celebrities such as Laverne Cox, Alok and internationally acclaimed painter Kehinde Wiley and many other influential leaders across the world.

Dee. How are you?

DEE TRANNYBEAR I'm fantastic. How are you?

JVN I so wish that this was an in real life talk show sometimes just so that people could see the Majesty, the drama, the glam, the beauty. Can you give people a verbal uh a verbal journey through what I am getting to feast my eyes upon right now. Can you verbally guide people through the the fucking gift that you're giving to us right now?

DEE TRANNYBEAR: Thank you, baby. I love it. Well, you know, I just did a little something. This is a light, light plan for me. You know, this is like actually not that dramatic. I could, I could have, I could have elaborated a bit more. But yeah, I colored this piece specifically like for you because I was like, oh I wanna do a bun. Um uh you know, I've looked a little bit anime, I've shaved in the front and then hair in the back. Um So I was like, let me do a little something moody, you know, like really deep tones and then it kind of blends in.

JVN: And you snatched, you snatched that top bun so tight, you ripped all your hair out. So it is giving me snatch snatch to the top bun d I love you so much. It literally hurts my fucking core bones. Wait. So, so you're a hair colorist and a wig stylist to the stars, honey. What was your journey like? You were just a little baby? Like how did you start working with hair?

DEE TRANNYBEAR: Ok. So um it's actually really easy to um like kind of tell my trajectory because when I was in school, regular school um in Germany, I was like, because my parents were so strict and Catholic and you know, and I never fit any of those boxes after school where I went to school in the next bigger town because I lived in like this little village. Um There was um we would always like hang out after school in, in town and I met this hairstylist who had his own hair salon and I was 15 at the time. And literally, he was like, you seem so creative. You seem so out there. Do you like doing hair? And I was like, I love doing hair and he was like, you should come and like, you know, after school, I'll show you the ways and we, we'll do, you know, like, I, I'll kind of like introduce you into the hair business that way. And then when you're done with school, you can figure out if you wanna be a hairstylist or not. And so that kind of helped me because I in school, I used to be part of the dance team. So like, of course I would glam all the dance girls. Yes. You know, so like hair makeup was always to in my life, but I've always drawn more towards hair because I love doing hair clearly. I can do makeup too, but I personally don't work as a makeup artist because I don't like to be in people's faces like that. I like to be on your head. I don't like to be in your like in your face. So that to me, I've learned early on that. I, yes, I can do makeup, but I'm way more comfortable in here. So when I, I worked after school, literally every day in the salon and then when I finished regular high school, then I moved to Berlin from this little small shit where I was living. Um Can I first? Oh my God. Wait, I need to ask. OK. Um OK. Ok. Ok. Um She got a mouth of a thing because, um anyway, um and so I moved to Berlin

and then did my apprenticeship as a hairstylist in Berlin, which was amazing because like leaving a small town and going into like the biggest city uh of, of the country you live in. You know, it's such a culture shock that to me I needed it. I needed to get out of that little small town where everybody's in your business where everybody judges you and I never fit

JVN: in. There's a judgmental Germany. I didn't even know

DEE TRANNYBEAR: you did. Oh, ok. What I would like to say is the south of countries are so similar because the south of Italy is super um conservative and closed minded. The south of Germany is the south of France is like, you know, there are places in that mimic America so, well, you know what I mean in that way because if you think about it, it, it's the small town mentality in so many. I mean, coming from small towns in America, people leave their small towns because they hate that feeling of having everybody on their necks all the time.

JVN: So, what was it like? Or just to take a little detour? Um because like Bavaria because like, weren't you? Is that like? And

DEE TRANNYBEAR: in every the top region of Bavaria, it's called OBA Front, that's where I grew up in. And it's actually pretty well known if you know, classical music because Wagner Wagner is the, the town that he actually was born and grew up and has this like famous um opera house in. That's where I went to school in by. Yeah. So like, that's kind of funny because like, I also when I worked in the um um in mis shop, like in the guy's hair salon where I kinda like started, got my foot in, he did hair for um the music arrangement situation. Like, you know, when the FFI actually happened and I got to do hair with him there one time. And that's when I discovered, I love doing abdus. I love doing like, you know, kind of like creating, you know, like art out of hair. Is it

JVN: different? Getting your cosmo license in Germany? Is it like harder? Does it take longer?

DEE TRANNYBEAR: I think it's interesting because in you in, in America you have it very like, were you in school all the time? Right? Where in Germany you are in school? Like beginning of the week, mi middle of the week and the end of the week and then the rest of it, you are the salon actually working. So it's way more I think like that. That's what I liked about the apprenticeship there because you do work with clients, right? While you are learning now. Yes, of course. Then I'm just gonna let you like freestyle by yourself. You always have like a educator with you, like, you know, kind of like overseeing stuff. But because I had experience prior to my boss was a little bit easier with me. She was like, well, go ahead. Two clients. I wanna see how you do. And I've had my clientele like in my second year of apprenticeship already. Like, because it, it was like, people were like, oh he got it. He knows what they're doing. L you do. And I was like, OK, when did you come here? Um Now 16 years ago? So

JVN: like just so you like when? Oh Yeah, because you like did hair like in Germany. So you like came in like your twenties or something or like your late teens or something or?

DEE TRANNYBEAR: Literally, I came here when I was 20.

JVN: So you come to the US, you've been working with that person in Berlin and you're like, how did you get the courage to like move to Manhattan?

DEE TRANNYBEAR: I OK. So there was, there was two things that were kind of like um the factor in this. So I started to become really unhappy in Berlin because I needed to conform to like, you know, they wanted me to be just a man and, you know, gay and whatnot. And that was never me like, but I also didn't share with my boss and my coworkers that I was actually looking into transitioning when I was 19. I was really like thinking, oh, this is what I need to do in order to be happy because I didn't really realize that non-binary, you know, gender fluid and two spirited people are part of the trans community. And once I found that out, I was like, well, I, I'm way more comfortable in that space than I am. Actually me trying to pretend to be a woman that I never felt like that. You know, I always felt like I'm everything in one. So when, when I finished uh my education in Germany, I start getting really stifled and like feeling like I don't wanna do hair anymore. And that had a lot to do with me not being happy personally. So I got to go on a trip um to New York because I met this fashion designer and um he wanted me to come to New York and do hair for his look book and child. When I came here, it was like, that was all she wrote. And then from there, I, I did a student visa and came here to like, you know, study and see um what I could do. And then from there on, I just stood here and figured out my way,

JVN: My God. And so then, and then, so what did breaking in? So you do the look book and then what happens? Like, how do you keep doing hair?

DEE TRANNYBEAR: Ok. So through him, I've met a few photographers and people in fashion. And um my first editorial that I shot here was the second issue of Flaunt magazine, which was kind of crazy because flaunt is sad as fucking really like, you know, like crazy out there and um editorial and fashion and artsy. And so that was really cool because the book was so damn big, you know what I mean? Um And when I got the book back, that was really like, I was like, oh wow, I did this, it was like a nine page spread that we did. We do all these different um hair and makeup looks even though it wasn't black and white. Um And from there, I just always worked him out and then the more I, I got to meet more gueer people in New York, then even more work them out start happening. And then um which was interesting because me and Deja ["The Lady Deja" Smith] met um my business partner, best friend, we have our own company together. Um And um we met through our mutual friend who was a famous drag queen, Harmonica Sam and we got to do her hair and makeup together. And that's how we kind of like, we're like, oh, well, we work really well together. We should try to figure out if we could do this and that's how we start building up from there. And at our launch party is, that's kind of like shot us out into the universe. And that's where actually Laverne came to our um launch party. And uh that's how I got to meet her.

JVN: I am obsessed with you and Deja starting like a like giving like the wall group, like the Queer wall group and you rep really fierce hair and makeup artists and like, oh my God, I think that'd be so cool, so cool.

DEE TRANNYBEAR: We already are part doing that because we have a rasta of hair and makeup artists that work with us. So for bigger projects, maybe you

JVN: just need the title for it because you're already doing it. Honey, any advice to like people who are in the beauty industry, maybe they're newer, maybe they're thinking about changing careers as far as like being an independent stylist, being at a commission salon, being um you know, represented by an agency or being like not represented by an agency if you are wanting to get into that tutorial space.

DEE TRANNYBEAR: I mean with up and coming artists, I always like to say the same thing. It's like always get your feet wet, meaning like assist, don't be scared to assist. It's always great to, you know, you learn so much about a specific business, even within the hair industry, there's so many facets that, that you can fall in. So it's always great to assist. Same in the salon, same on set. You know what I mean? Like because you get to learn each rope that way, of course, through your education the right way, right? Like if you wanna be a salon artist, go get your license, work in a salon. It I think sometimes that can really help. Um I mean, for me, for example, because I've been in a salon since I've been 15 years old. It, I've gotten to know the industry like that. Uh I recommend for young artists to really find your niche the way it calls you. So when you feel more comfortable, you feel more comfortable in a space with other artists like a salon and y'all create a family there amazing step into that field, really figure out what you need to do, get uh you know, like go get your license, go do your things when film and TV, same things like, you know, um assist, get try to get your hours and now especially the way it's changed. And when you do, like when you go with a client, like for example, they have press and you do any type of press with them, those count as days too now, which used to not. So that's really amazing. So you can get in union, uh, ways of that as well. Always keep all the call sheets. Always keep everything because you need to prove that you've been doing right. So, like, um, I think that that's also a thing that I had to learn when I was younger. I was like, oh, yeah. You know, I've done some work, I've done some, I've done this, I've done this and then not care about, like, the back end of it like where I was like, oh I need to keep that cost, you know, I need to keep that. And then when I learned that I was like, oh so uh yeah, for young artists, I would always say that really like dive in and never be afraid of fester state because if the thing can really like open your eyes to what the actual industry means and how you, you insert yourself in.

JVN: OK, I have a question, new question. So if someone is completely new to wigs, um never worn a wig, never had a wig done for them. They've never like bought a wig, put a wig on like let's say someone has dark hair and they've always wanted to go blonde, but they don't want to bleach their own hair. Um How would you recommend like, is it possible for someone to like get a wig on their own head and like do their own hair underneath it and have it look really good? Or do you suggest going to someone to have it done every time and then just like take that little glue off or what?

DEE TRANNYBEAR: Personally, for me, it's like there is people that are very um good with their own hands, right? So for folks that are actually, you know, they watch youtubes and whatnot and how to apply from other artists or on Instagram and do that. Right. I might go for it because I have a few clients that I know um that yes, I've um at um installed their wigs but they're starting to get really good at by doing them themselves because they don't want to always, you know, spend the money. So I'm like, um I think that that really is a given and take like for people that really wanna explore out there and do changes and like, you know, switch it up. I think it's smart to learn how to at least do the basics, right? I mean, it's not, not everybody knows how to break their hair down. There are so many phenomenal black women baby that they know how to cone roll sound. Like nobody f not everybody knows how to like, you know, like break their own hair down.

JVN: I can do it on people, but I can only do like my own right side really good. My left side, I just could not figure it out. So like, let's say someone like me wanted to like, let's say the girl's me, let's say I want my hair red or blonde or whatever and I just am not going to do my own virgin hair. I want to give like, um, oh my God, I'm so scared. What kind of gay am I?

Right now? I want to give Meryl Streep Devil wears Prada, but I'm not cutting my hair off and I'm not bleach and toning it silver. How am I putting my hair up to achieve a wig?

DEE TRANNYBEAR: OK. So I actually um for folks that don't know how to braid, right? There's two options. Either, you're gonna go, go somewhere and get a base like braid down, right? Like either the spiral is actually the easiest. So it contains it fully down. But you can also do straight back halfway and then have it spiral in the back anyway. But like um if you don't want to pay for that, I did, you know how to do like twists, like when you twist your own hair on the base, you can do that as well because that mimics cornrows in a way. Um It's not as secure, but it is sort of like, cause you, you could do that easily. Anybody can cause I've seen people that even just take these two pieces right and twist them back so they stay out of their faith. So people are kind of like more versed in that. So if you don't really know how to um braid and whatnot, then do that. But honestly, I think it's always easiest to cut out some steps for yourself if you are not versed in them. So yes, get your hair braided up, braided down for so you can wear a wig or start learning how to break.

JVN: What about a wig cap? Can you do like a low pony and like put it up in a wig cap or something? Like is there?

DEE TRANNYBEAR: You can, you can. But the, the problem is with this, if you slick your hair down right and put it in a low bun and if you don't, like, if you have thin hair, that's cool. But where is? Yes, nowadays, you know, that changed a lot too with the grip bands, right where you can put the band around and it, and it hold your wig down. But a lot of people never use those and they, they, they haven't start coming around until like five years uh since five years from now, right? Like, so they got really big recently. They haven't really been out there, but then you have no way to secure your wig. If you just slick your hair down and put it in a, in, in like a um ponytail bun or whatever in the back, the only place where you could really secure it is the back, but then there is nothing in the top that can hold it down unless you have one of those grip bands, right? But to me, I think that. Um, yes and no matter when you should always put um, uh, a wig cap over it and you shouldn't do the wig caps that have like the really thick, thick, thick bands around the face. I actually like the stocking M method where it's like a continuous long stocking. You pull it fully over your head and snip it off. So there is like, it's really thin. Right. So, like you can, you can use a little hair spray or whatever melting spray or gel. What you do to hold that stocking down. I don't like, I really don't like layering glue over glue, over glue, over glue, over glue. I don't personally because I also believe in that if you glue your temples too much, that's when all that wear and tear happens all the time. So like for me, what I do most of the times I glue the front, right, the the most obvious place and then I pin a lot on the sides because if you know how to fold your wig under, on the temples and pin it in, even when the wind blows, when you have control or whatever, you know, you used to flick your own hair back and where the break of the wig is, when you pin it down the right way, you won't see it. So like that can be a uh um uh easier way of actually having to fully glue the entire perimeter. Now, if you wanna do a full slick back situation, you're gonna have to glue it down. But, um, uh, you know, there's, there's ways of cheating certain things that you don't always have to do. I think that if you put too much glue in your temple side, oh, that can be so hard on your edges. Right? And no matter who you are, it doesn't matter what ethnicity you are.

JVN: So for a new person you would do stockings, like pantyhose, you put the legs, like you put your head in the part that you would put your butt in and then, like, the legs are just, and then what happens? What do you do?

DEE TRANNYBEAR: No, no no, no, no, no, no, no, no, No, no, You know, it's, it's technically you can get that on Amazon. It's like, it's just

JVN: Like, it's like, it's like a hose stocking cap?

DEE TRANNYBEAR: Yeah, it's like, it's like, it's, it's like hose that, that are like, constantly long and you just sniff them wherever you need them. So, it's like almost like, you know, the cotton that comes in like, um, it, it, where you just pull it out and it's always like this one.

JVN: So it's not a wig cap. It's just like a long ass thing of nylon?

DEE TRANNYBEAR: Technically. Um, to me, those are better because, um, uh, uh, uh, you can, of course, always use a stocking cap but most stocking, uh, uh, w a have like, you know, they have a theme around it right, like, and that theme is normally thicker. And so when you then put it down and have that like, thicker band right around where the edge of the wig is, you always kind of see it through. That's why I like the nylon that doesn't have necessarily that band around the edge of the wig cap because then you can melt that in easier.

JVN: But how do you make it until cap if it's just like a strip of nylon or is it or it is like a cap? It just doesn't have the strip around it?

DEE TRANNYBEAR: Well, technically, is that so you, what you do is when you, you measure uh like on, you pop it on and then whatever is axis you snip off and then whatever is like that piece that's open in the back, you know, you make either a little knot or you actually just fold it down and pin it in, you know, so it's like one, it looks like a ball cap but it's not.

JVN: Oh, wait, let's talk about Laverne if we can. We're obsessed with Laverne in this house. We love Laverne Cox. You have been working with her for like nine years, right?

DEE TRANNYBEAR: 10 years now. So the funny thing is I met Laverne through Deja ["The Lady Deja" Smith] because she came to our launch party where we launched our business. And that's literally when she asked Asia to do her makeup for orange, new black black press, right? Um And with that being said, um one of our sisters, um Emma a Sando used to do um Laverne's hair um for that, for that specific press, but she had these two wigs that she just really was like, I like the hair but I really hate the color. And then Deja was like, oh, well, Dee does, like phenomenal color. Would you want de to color the peaks? And Lara was like, oh, I'm down like, I, I would love to wear these pieces but I hate the color so much. So. Yeah, let's do it. And I did both of those pieces colors and she was like, you gotta be fucking kidding. She's like, this is a revelation. This is beautiful. That's how we started to work.

JVN: Oh my God. I love that. What have been some of like your favorite looks you guys have done?

DEE TRANNYBEAR: Ok. So um there's a few things really that uh stick out like, I mean, we just did the British vote. Oh my God. Wait, I thought I had it. I put it away. Um uh uh we just chat for British Vogue. That was really phenomenal. It was my piece that I created for her. So um that was really incredible because it wasn't only um me styling the hair on set. It was also

like my color me for that piece. Um I mean, we are about to start press for, I, I think press is starting in June if I'm not mistaken for the show that you were so graciously able to give us your product line.

JVN Did you like it?

DEE TRANNYBEAR I used for three episodes. I used your entire product line and so I can't, I cannot wait to show you all the pictures because they're so amazing.

JVN: I love that and I love her work and I love you. What is the difference between like a wig that someone would buy already done versus like a custom wig that's like made by hand by someone like, do you like sew in like hair by hair? So like the hairline is more custom and more beautiful.

DEE TRANNYBEAR: Exactly. So what I do is um I, I have vendors where I get b hats from. If you know, it depends. If you ventilate, the entire wig ventilating means you stitch in each hair, one by one into the lace, like you knot it into the lace. That's a really, really um intense process. I don't mind doing it. I have patience when it comes to hair. So like I don't mind, but that's way more expensive than you actually just getting a base wig and then you customize the base wig because they are great um suppliers that supplies like -

JVN: You do the hairline in the front. A little bit more nice.

DEE TRANNYBEAR: I do the hairline. I right. Exactly. I ventilate a little bit more in the hairline and then Laverne like her hair to be thick. So I add a shit ton of hair to the wig normally. Um I'm really excited. She just, um, um, she just got back from this project. Um, there's no name for the project but it's like this really big movie where she's playing like a smaller part in it and I got to make her wig for that as well. I, you know, like, it's sometimes I was kind of hoping that I was gonna be able to, like, you know, be her personal for this because it was only five days. But they were, you know how production goes and they were specific about what they can and what they can't do. But I'm excited that I still was part of it. You know what I mean in that way? Like my essence is still there because I made the wig for the movie. You know what I mean?

JVN: Ok. Wait d it's time for our rapid fire like segment three. Are you ready?

DEE TRANNYBEAR Yes, I am.

JVN It's rapid fire. Give it to me. What's your budget beauty recommendation?

DEE TRANNYBEAR: I've always believed in Aquanette for drag um hair. Any type of synthetic wig? Aqua is the shit? Ok. Um What

JVN: about like a gorgeous splurge? Yes. Ok. I love that. What's a product you never leave home without,

DEE TRANNYBEAR: I will never leave the house without leave in conditioner.

JVN: Favorite makeup brand

DEE TRANNYBEAR: MAC for me.

JVN: What about your most favorite beauty look of all time?

DEE TRANNYBEAR: Ok. Well, I mean it's kind of like easy for me to tell because I'm like, I have ink that represents that it's 1960s and 1960s. So I have like my sixties girls back here with the rollers and the buffon and the finger waves in the front. So that's kind of like my favorite um of all time.

JVN: I am obsessed with that. Dee. OK. Now this is neg or MAJOR. I think I know the answer to some of these for you. Bold nontraditional colored wigs?

DEE TRANNY BEAR Major.

JVN Lace front wigs?

DEE TRANNYBEAR Major.

JVN Two wigs stacked on top of each other.?

DEE TRANNYBEAR Fuck. Yes. Absolutely.

JVN Giant headbands?

DEE TRANNYBEAR Major.

JVN face framing highlights?

DEE TRANNYBEAR Yes. If it t works for your skin tone. Absolutely.

JVN: What about French twists?

DEE TRANNYBEAR: Fuck yeah, I love up-dos. So that's was a yes to me.

JVN What about blunt bangs?

DEE TRANNYBEAR: If it suit your face, sure.

JVN: What about a wispy little seer fringe?

DEE TRANNY BEAR Always. Yes. Yes.

JVN I think that was like the most fun episode. Can we kiki forever and just do Pretty Curious every day. It's so much fun. And also what social are you the most active on?

DEE TRANNYBEAR: Instagram? Instagram is like my most active?

JVN: And what's coming up for you and what are you most excited about?

DEE TRANNYBEAR: What's coming up? It's really the press tour for this new show. So I'm like, I'm super excited about that because I cannot freaking wait for people to see what.

JVN: We've done and what, what or where can we watch it?

DEE TRANNYBEAR: It will be on Amazon and on free like, you know, the, the sister company. That's for free. So and the cool thing is it's gonna be in 80 different countries. I'm so

JVN: excited. And what's it called again?

DEE TRANNYBEAR Clean Slate.

JVN So, Clean Slate. Follow your ass on Instagram. Ok. Dee I love you so much. Thanks for coming on Pretty Curious.We love you so much. Thanks for being so generous with your time.

DEE TRANNY BEAR Thank you so much.

JVN We love you.

You've been listening to Pretty Curious with me, Jonathan Van Ness. You can learn more about this week's guest in the episode, description and follow us on Instagram and TikTok @CuriousWithJVN. Pretty Curious drops every Monday wherever you get your podcasts and make sure to tune in every Wednesday for Getting Curious. Still can't get enough honey. You're insatiable! Subscribe to Extra Curious on Apple Podcasts for commercial free listening and our subscription only show, AskJVN where we're talking all about sex relationships or really just whatever's on my mind. That week, our theme music is composed by Nathnael McClure. Come on Nathnael. Our editor & engineer is also Nathanael McClure. Yes! Getting Curious is produced by me, Chris McClure and Julia Melfi with production support from Julie Carrillo, Anne Currie and Chad Hall.