

Pretty Curious with Jonathan Van Ness & Tiffany Briseno

JVN: Hey, curious people. Welcome to Pretty Curious our podcast on all things beauty. I'm Jonathan Van Ness. This week, I'm talking to stylist and CEO of the luxury of cycling brand. Everyday Lords, Tiffany Briseno. She's one of the leading stylists in Hollywood and a very stylish herself. She's ordered people like Catherine O'Hara, oh my God, Angus Cloud and Shawn Mendes. And today we're talking all about her career and how to build out your wardrobe essentials. But first, it's time to get ready with me. You guys, we're literally Shawn Mendes stylist is with us. I'm so excited to talk to her. Her work is major and I'm so glad that she's here. Um let's chat really quick. You guys, what has happened since I taught you. Last last one I saw Chappell Roan. It was major. Uh I was so excited to see her. She did not disappoint. Um I went with Antony and Mark and our friend Rema. It was just so much fun. But then you guys, I don't know if you saw my stories, but I took y'all on my Instagram stories to go to Sephora the other day and I got this Patrick Ta blush and it is so pretty. I love it so much. I very hysterically was using it for the first time on camera. And when I first put it on you guys, I went so hard on this blush and I gave myself the most Tammy Fay fucking cheek. And then at the end of the video, I was like, well, I can't redo this and so I just had this like hardcore pink cheek but then I kind of calmed it down. Um and it, it's really pretty, but I just, I love his line. The the cream blush powder blush duo is beautiful and I just love him and I love what he's doing and I just love seeing him thrive. It's amazing. Um, when we interviewed the founder of um Hyper Desiree Verdejo, I've now finished the cleanser and it is that cleanser y'all. It is not super expensive and it is stunning. If you're looking for a new facial cleanser, try that one. I I've just, I finished the tube. I'm gonna order it like I'm gonna buy it from her because it's this hyper cleanser is just their foaming cleanser. It's like vitamin C foaming cleanser. It's, it's so good. I love her line. So I just, I just went through it and I'm using it again. So those would be my two recommendations will be if you're looking for a gorgeous fall blush moment, get into the Patrick Ta go light on the powder when a little goes a long way, but it's beautiful. The color, it's like so pigmented. And then I would say the Hyper face wash is stunning. And then for fall, I gotta say Caroline Hiron Skin Rocks. I've said it before. I'll say it again. That moisturizer, the everyday moisturizer in the green. If you were looking for uh a luxury moisturizer, that's not a gillion dollars, but it's not like Cerave price. It's like it's giving luxury, get the, get the, the uh Skin Rocks everyday moisturizer in the green jar. It's so good. Uh oh Also um I was just in Portland. The Upper Northwest is so stunning. I can't get over it and also just complete sidebar. I'm in a fucking Trump commercial. You guys, I I was worried, you know, because 2024 I haven't gotten, I haven't had an Uber commercial. I haven't had a pop tarts commercial. I was like, oh my God is my commercial career behind me. But no, because fucking MAGA cunt Patriots for America put me in a fucking Trump ad next to Pattigonia. I will say the bright spot is this my sphinx that day? I almost threw up like six times in the White House because they were so tight. So I do look, I look fit, my hair is really shiny. My makeup looked really pretty. So at least I looked great. Um, but it is sad to see like immigrants and you know, like immigrants and queers and trans people vilified to this level in the same breath. So that, that part wasn't, wasn't as good. Uh But you know, it's a mixed bag and uh I'm also excited you guys because on Wednesday we're gonna get to have the kitten lady on getting curious and we're gonna talk all about like, right and we're gonna talk all about like animal uh like cats, it's, it's giving like it's even like, don't fuck with cats mixed with Hannah saving the world with cats. And if you listen to our

episode with Hannah, way back when I think it was 2019, I'm obsessed with the kitten lady. She's so much fun, but this episode is gonna be really fun and I'm excited for Wednesday. So that's what's up with us. Um, this episode of Tiffany is really fun. I loved meeting her. She is an incredible stylist, an incredible artist and I love getting to talk to her. So let's get to our conversation with Tiffany.

Tiffany Briseno is a Mexican Canadian celebrity stylist who has successfully made a name for herself in Hollywood. She's worked with clients like Shawn Mendes, Kane Brown, Angus Cloud, Catherine O'Hara and more. Tiffany is part of the team behind Shawn Mendes' reputation as one of the leading men in fashion, effectively ditching his flannel era. In addition, Tiffany is the founder of the luxury upcycling brand Everyday Lords, a bespoke upcycling brand whose styles are not garments, they are unique additions to any wardrobe. Perfect for those who appreciate sustainable fashion and views with artistry. Tiffany strives to create representation and pride in her heritage and every project she starts. Tiffany, welcome to. Pretty Curious, how are you?

TIFFANY BRISENO: Hi, Jonathan!

JVN: Queen. I have to tell you my Shawn Mendes story. Are you ready?

TIFFANY BRISENO: Why does everyone have a story?

JVN: I don't know. Do they? Is that like a common thing?

TIFFANY BRISENO: They kinda do, and everyone's like Tiff, I got to tell you my Shawn Mendes story and it's always about him being at the gym or something.

JVN: I was within like 3 ft of him because we both did this like Target thing where like I hosted this like, target corporate thing in this like stadium and he was performing at it and I was like leaving from hosting like my hour as he was coming and he was like warming up backstage and I was like, oh my fucking God, that's Shawn fucking Mendes. But I just like, ran by really fast because I was like, oh my God, I just like, can't even bear it. He's like, just too cute and I like, can't even say hi. So I just like, ran for my life.

TIFFANY BRISENO: Honestly, and I'm, I'm not just saying this because he's my bro. But I, if you would have walked up to him and said hi, he would have melted your heart. He's just such a gracious human being. He's so generous. He's so thoughtful. I'm like, gushing right now, but I shouldn't be. But, yeah, I mean, obviously I'm biased. We've been together for like a decade now. Um, but he's, he's just so nice. I feel so blessed that, you know, I can call him a friend and a client and like, we're, we just have this kind of like profound connection that it's because of his personality that we can even like, have that kind of connection. So I feel really blessed. But next time, say hi, Jonathan.

JVN: I will. Fourth times a charm. But can I tell you, I'm like that with my stylist. And I was just thinking Ali B, we've got to get her on the pod someday. We've never had her. And I was just thinking like, why have I not had Ali B on the pod? But the relationship that you have with your stylist is so intimate –

TIFFANY BRISENO: Absolutely.

JVN: Because you're really developing how you want the world to see you. And it's, it just, there's so much that goes into it. And so, but you said that you guys have been together for 10 years.

TIFFANY BRISENO: I mean, yeah, I'm gonna say like eight, maybe nine, maybe 10.

JVN: But if we're rounding up it's like –

TIFFANY BRISENO: Let's round it up to 10 –

JVN: Yes. That's basically 10. So yeah, I mean, his, his style level, he's evolved. Honey, he's like had a lot of like eras per se. How do you help? Like, how do you meet a client where they're at and help to like, cultivate their style?

TIFFANY BRISENO: Well, I think specifically for when you're working with musicians like Shawn, um, it's really the music that dictates where their style journey is gonna go for me. So we just always level up every time they drop an album and with Shawn, because we've been working together for so long. I mean, we've got through several evolutions I think starting with his flannel stage boy next door and then we moved on to the, you know, the leather jacket stage, then the rock star stage, my personal favorite where we channeled, you know, people like Bruce Springsteen –

JVN: Now what years was this?

TIFFANY BRISENO: So flannel stage is, you know, when he came out with Stitches, you know what I'm saying?

JVN: Yes, yes.

TIFFANY BRISENO: Like that's the flannel stage which I came on the cusp of and got him into that leather jacket, which sort of changed the game –

JVN: Because I think that's when my basement started getting more flooded was in that like, you know?

TIFFANY BRISENO: Right.

JVN: The little like white like like tank, you know?

TIFFANY BRISENO: Yup.

JVN: And he was like, because when he was like warming up backstage with that target thing, I was like, oh my God, he's giving me fucking modern Elvis like –

TIFFANY BRISENO: Yes.

JVN: I am so and like, typically I'm into like principal dads like I like a principal like daddy type.

TIFFANY BRISENO: OK.

JVN: And so he was, he's like, I just can't help it. Like I just like, I wanna be a flower like I feel threatened by someone who's, like, prettier than me. Like, I wanna be treasured. You know what I mean? Like big spoon me. Like, I, I need to be, like, cuddled, like, deeply, you know?

TIFFANY BRISENO: Ok.

JVN: And I feel like if the person's like, too stunningly gorgeous, I'm like, hm, I can't be, like, big spooning you and like, having to, like, celebrate your beauty. Like, I need you to be, like,

really grateful that you like, you know, which is hard because my husband's like, really hot. Like, my husband's like not principle daddy.

TIFFANY BRISENO: I was gonna say, I'm like, what are you talking about?

JVN: I know, I know my husband's, like, really hot. I don't like he –

TIFFANY BRISENO: **Laughs** you're insane.

JVN: Not every time, you know, your partners are always like, yeah, I just, I just typically, but he's, he's just like, so cute. But that, that whole, like Elvis rock star, like, swept back hair, your hair looks good when it swept back. Like that Mean Girls moment was just, but, but he's never quit. Like, he's never quit serving me. Like, the little looks

TIFFANY BRISENO: Oh, amazing. Yeah. I mean, that's, um, it's, you know, and for me personally because my dad's a musician, I have a very soft spot for musicians. Like my dad played with Carlos Santana in the seventies. So I have this, like, you know, a little bit of an old soul. I love the seventies, the fifties, Elvis sixties. Like, I'm just so wrapped up into that. So when I met Shawn, I was like, bro, first of all, you're a live James Dean. So like, let's just manifest this and like really plug into that and he, he lets me play. So right now we're kind of in this like stripped down singer songwriter era –

JVN: Ooo.

TIFFANY BRISENO: So more like Bob Dylan, Johnny Cash, which, you know, give me a little Johnny Cash.

JVN: Like one little curl. Like is it or is that like, is that, is that still Johnny Cash or is that like, what did Johnny Cash wear on his head? He wore like hats, didn't he?

TIFFANY BRISENO: I mean mostly on his hair like, you know, of the time –

JVN: Oh yeah it was that.

TIFFANY BRISENO: But he was just slicked back, you know?

JVN: Oh, ok so, ok, so we actually, and so now I wanted to talk a little bit about trends and like how you balance trends with styling and but, but just even kind of zooming out a little bit further. What is Fall giving you? What is 2024 giving you right now? What like who like who are you personally like obsessed with right now? What's your moments? What is the shoe bag and coat that you're coveting right now of the seasons? Like what? Like what are you seeing? I feel like I'm seeing a lot of like sis het, men wearing gorgeous bags which I have to say I should be given credit for because I'm not sis het but I, I feel like I've been showing these girls that you can wear a big purse and it's really cute. Because like Jacob Elordi is like just living in a bag now

TIFFANY BRISENO: He is. I know I love his style, talk about classic style –

JVN: It's like, so attractive.

TIFFANY BRISENO: Yeah. I do. I love, you know, I love it. When again there's your senses are so overloaded now with like styling and you know, fashion and runway and I just feel like try to streamline your ideas. Like I feel like Virgil said this once upon a time you, when you're creating a brand or a brand image, don't just because you believe in 10 things, it doesn't

mean that you need to do them all at once. Like just try to streamline your idea. It just feels a little bit more clear and a little bit more authentic. But um I love what Jonathan Anderson is doing right now. Like literally everything that he's doing, including his bags, his shoes, his coats, there's something so, you know, asymmetrical and architectural about what he's doing, but he's doing it in a very stripped down way versus like, you know, a Maison Marsella would do it in like a maximalist way and he's doing it a little bit more of like a, you know, what you would find in the country. But then it's like country art. Like it's I, the, what he's doing is genius.

JVN: Isn't he Irish? Isn't he like that gorgeous? I think he's like, I, and he like does like those like slip on shoes that has like the gold buckles.

TIFFANY BRISENO: Yeah.

JVN: Like, I'm pretty sure he's an Irish King because he's always like, gifting Nicola things. Like, because, like, they're like, they're like Irish Queens. I love that.

TIFFANY BRISENO: **Laughs** Yeah.

JVN: No, his work is amazing. I think I just saw his show a little bit on tiktok. There's also just this bag on Bottega that was like on their show –

TIFFANY BRISENO: Hmm.

JVN: That was like this. Like, I didn't know what it was, but I think it's actually, like, stick for your Children. And then I was like, oh, that's not as cute as I thought it was. It's like a scarecrow and it's like an art like mosaic in leather –

TIFFANY BRISENO: Yeah.

JVN: But it was like, but for a far it was so cute. And then when I realized it was a scarecrow, I was like, oh, I don't want it anymore. Thank God. But it was like an andiamo bag with like a design on it. It's like so pretty. Ok. So JW Anderson, who else are you obsessed with?

TIFFANY BRISENO: I mean, speaking of Bottega, I love that. They created those like slouchy chairs during their show. They're like all different animal characters that is gonna sell out like hot cakes, like a brilliant idea.

JVN: Everyone's talking about that. Everyone is, it was so cute. What else, who else are you obsessed with? What else do we need to be trying that? We, we haven't like if we don't know about it yet?

TIFFANY BRISENO: I mean, I love Bode so much.

JVN: Who's Bode?

TIFFANY BRISENO: Oh my ok. We need to have lots of offline conversations. So Emily Bode, she's a Brooklyn native. I love her come up story. I mean, Shawn and I were supporting her from back, back in the day, like visiting her random little store in Brooklyn. And, you know, she did the Met Gala last year for the first time. She had a show last year for the first time and I love what she's doing because she does take like, you know, tapestries and creates like one of one pieces again that's sustainability –

JVN: I love that.

TIFFANY BRISENO: And um but her, her pieces are just so rich in character. You know, it's just a shirt but it's not just a shirt, there's like embroidery on it, there's beautiful textiles buttons. Um, and the fit and the quality is just incredible men in Bode, I mean, you got to get on it.

JVN: Is it b-o-d-i-e?

TIFFANY BRISENO: B-o-d-e.

JVN: Ok. Get it together. Jonathan. Ok. I wrote it down. That's what we were researching yesterday. Ok. New question. Have you ever had like a, just a wardrobe crisis, like in the middle of like a set or something?

TIFFANY BRISENO: Oh, friend, of course. I mean, what, what person hasn't? You know what I'm saying? It's like, ok, so there's a few obviously in our skinny jeans era –

JVN: Oh yes.

TIFFANY BRISENO: Those puppies being worn like for 20 shows in a row. The rubbing of the like denim like that seam is holding on for dear life and you're, you know, you're going down with your guitar like, yes, we've had many split moments in the crotch area. Um but never noticeable. I don't know why, like the gods were just with us and for some reason, it just was never noticeable and he would come off stage and be like “Tiff, I ripped my pants!” and I'm like, bro, take those off right now. Let's switch one. There's another time when, so backstage at an awards show, you could either steam your own clothes or you could send them to get steamed by like the interns that there's like madness backstage. And of course, as you know, with pleated pants for shooting the front pleat is very crucial to the fit of the pants. You do not steam that out. So we sent the suit to get steamed. I will never do this again. And the poor intern steamed out the crease in the front of the band. So when he put it on, I was like, oh my God, it totally different fit like it was a completely different fit. And this was the time when we were doing super slim cut, ultra tailored silhouettes and we had to switch the pants and he ended up wearing jeans on the red carpet because of that. And that was just, I mean –

JVN: If you had an extra two hours that day, like how would you have fixed that? Would you've had to like starch it and like re like would you like? Is that how does starching work? What do you even know about that?

TIFFANY BRISENO: Yeah.

JVN: Like, or like, I don't want to be like a 19 fifties massage just to be like, um, yes, Miss, tell me. But, but how do you just like, sprinkle some powder on it and then when you iron it and then it just like, or do you wash it with starch or something?

TIFFANY BRISENO: No, like you, you could spray starch on it and then it just, basically when you add heat, it'll, it'll just be more malleable to whatever shape you're adding heat to. But I don't know how they managed to steam out, like to steam out that, that seam, um –

JVN: Because they were like damn, this seam is really in there –

TIFFANY BRISENO: I mean, it was in there, man. I was like, oh my God. Anyway, that was like, I know like to people listening, they're like, who cares? It was a seam. But you don't

understand like when you steam that out, it changes the entire shape of what you're talking about.

JVN: Agh! Can you give us off the top of your head, Tiffany, your like three jeans recommendations for low, medium high budget but just one of the like one, low, one, medium, one high that you're vibing.

TIFFANY BRISENO: Ok. Low I would say, and they're here and have been here since the, you know, turn of the century. Levi's.

JVN: Oh my God, that's what I was going to say.

TIFFANY BRISENO: I mean, come on. It's like, it's, it's a no brainer. Levi's 501's if you're, you know, a guy that's trying to get away from skinny jeans and you're like, I need something to transition me into a boot cut. I would say that the Levi's 501's is where you should start. Um, it's just one of those classic silhouettes that you will see for another like probably 50 years, you know, it's here to stay and they're very affordable. I think the level up from their Diesel to me makes really great pants. Like there's something about the quality of their fabric that just hugs you in the right way hides the things that you want to hide and their wash is, you know, it could be a lot for some people but for some people, maybe the statement is in your pants and not so much a top so you could do like really great pants, really great boots and just a t-shirt and that's amazing.

JVN: Ok, I'm gonna write my, I'm gonna write my top budget or my top budget one before you say it, I'm writing it now –

TIFFANY BRISENO: Ok.

JVN: And I'm just gonna, I just, I'm just wondering if we're gonna, if we're gonna match.

TIFFANY BRISENO: If we're gonna say the same thing?

JVN: Yeah. I wrote mine.

TIFFANY BRISENO: Ok. Um, again because I'm sort of a super fan. Um I would say the Loewe jeans –

JVN: Oooh, that wasn't what I guess I actually don't, I don't have any Loewe jeans.

TIFFANY BRISENO: Yeah, their um their pant game and again, girls feel free to go into the men's section. To get pants, boys, feel free to go into the women's section to get pants. Like it doesn't matter honestly, like who cares? Um, just, you know, refer to your sizes but their pants, there's something about how high cut they are that is just again, really flattering. So I think it's really worth the investment.

JVN: For someone who prioritizes comfort over fashion. How would you recommend someone dress those sorts of things up? Um, and then John Fetterman came in mind because he's just the poster child of like prioritizing comfort over fashion.

TIFFANY BRISENO: And Adam Sandler.

JVN: Oh and Adam Sandler too, honey, that's a major one too.

TIFFANY BRISENO: Yeah.

JVN: And so, so how, but what like how would you, so my first question for the John Betterman is how would you make him over? How would you give him like a little like style? Would it be like a, a wide leg pant or like or like a wide like how do you, how do you get? So just like or a more chic hoodie?

TIFFANY BRISENO: I mean, I think, you know, when you wanna style for comfort, it comes down to fabrication, like just pick fabrics that are more lux and they will be more comfortable. So, you know, and of course you could take a hoodie and then you put a blazer on top like a really nice, you know, tweed blazer with jeans and you look comfortable, but you're still, you know, somewhat stylish, you still have your comfort of the hoodie I get guys in their comforts, you know, they don't switch out their belts all the time. Once they find like a brand that they love, they just have it in 20 different colors. Like I get the comfort side of it. So have your security blanket of, you know, whether it's a hoodie or even like basketball shorts. Like you do basketball shorts and a T shirt and just some really sick pants.

JVN: Now 2024 going into 2025. What are the things that you see, like as a stylist where you're just like, uh, like what like is there any, like, just common mistakes that you're seeing or you're just like, why are we doing this y'all?

TIFFANY BRISENO: I mean, honestly, Jonathan, I just feel like I loved, like, for example, the seventies because in the seventies, I think that there was this kind of freedom of expression through clothing and music and like all of that. And I feel like nowadays, even though on the runway we see like maximalist fashion, you know, patterns and huge shapes and, and I just feel like a lot of people are a little too conservative and they are wearing a uniform, like when you really look at it, even though on paper you're wearing all the right things and you're into the trend and, but you look like the next guy, you mostly look like your group of friends, like all the friends sort of dress alike and I remember when I was living in New York a few years ago and just walking down the street and people were individuals and they were just expressing themselves. There's this ig account that I follow and it's streetwear in Japan. And I mean, if the man wants to wear like a wizard cape that day and just do some cool like Rick Owens version of that, they commit to that and like that's their expression that day. And I feel like even though on paper we're showing cool trends, everyone is still embracing the same stuff.

JVN: I do also just resonate with that so much, especially like, not for me because I feel like I really make it my own. So that's, I know that's not me.

TIFFANY BRISENO: You do.

JVN: But on tiktok, I feel like I'm just seeing all of these like 20 year old, 20 something people and it's like all of these girls are giving you like David Yurman, David Yurman, like just the same little like Lulu lemon skirt and I mean, that's cute and I mean, when people wear that, that is cute, but it's like they're just, I don't see a lot of like um ownership over trends as far as like making it your own, making it stand out, making it feel a little different. I don't, I I think any like mass generalization because I know that there are people who are –

TIFFANY BRISENO: There are.

JVN: So I don't understand all these girls and all these young guys, but I do think that that kind of, but also, I mean, if I was going to take my historical lens out and look at it, I'm sure

we could see this and like the in like sorority and fraternity culture and like a lot of different places but it does feel like a high percentage of formulaic fashion is happening, for sure.

TIFFANY BRISENO: It does. And I mean, not for anything. I mean, I love living in LA and you know, no, no offense to my LA peeps but especially here you just see you see such a uniform, you know –

JVN: I saw that as a hairdresser, especially in LA like everyone in LA was like wanted blended color like the same kind of like flippy little layers like we whereas in New York, your clients are like, I want this jet black harsh Bob or I want this like just like very like specific ideas of like how they want to see themselves. Whereas I feel like in LA a lot more of the clients are like, what should we do? Like what are your ideas? Whereas in New York, I feel like it is more opinionated like because there is just more of that street style like it's just a little like when it gets cold outside, people are like, fuck this, I'm gonna express myself, I'm fucking cold.

TIFFANY BRISENO: Exactly.

JVN: I'm gonna tell you about it. Whereas like LA or like, oh I'm so comfortable, it's just so warm here and you know –

TIFFANY BRISENO: Yeah.

JVN: It's like just warm out. Ok. So wait, Everyday Lords, I'm obsessed with your collection.

TIFFANY BRISENO: Oh thank you!

JVN: Um, and I also love like, because it's, it's like one of a kind. Well, just tell me about like how you created Everyday Lords. What the vibe is, what, what's, how are we doing? Cause I feel like it's very you.

TIFFANY BRISENO: Well, um, so Everyday Lords was founded by myself and my husband Alex and it came during the pandemic as most small businesses did. Um, and we just wanted to create a project where we, you know, could showcase ideas and pieces that we really loved something that was our own truly.

JVN: And so how do people like interact with it? Like and, and what? Well, actually, how would you describe like the mission and the core values of Everyday Lords? Like, what's your brand?

TIFFANY BRISENO: Our focus is bringing modern streetwear with elements of old world and classic aesthetic to what we call something like the vintage future. So, and then if you look at the name Everyday Lords, what we're trying to say is that everybody is a Lord every day and we're trying to redefine what maybe a Lord was historically. Um, but you know, the idea of the vintage future, for example, one of our characters is a king wearing an astronaut helmet. So it's kind of like transcending time, you know, time and cyclical kind of like, you know, if you think of the movie Interstellar where it's like time relativity and all of that –

JVN: All of it, it's like so major because the cyclical time is everything that is like the most beautiful movie.

TIFFANY BRISENO: It's beautiful. Yeah, it's definitely beautiful. But yeah, I mean, that's our, that's kind of like our core theme and I'm Mexican. I was born in Guadalajara, Mexico. So,

you know, obviously I have like a Mariachi Rancho kind of influence in the clothes. Um, but you know, we're trying to really just tell a story with the clothes.

JVN: So how do you like, how do you guys collaborate because it's because what's your husband's name again? I'm sorry –

TIFFANY BRISENO: Alex Narvaze.

JVN: Alex. There we go. So how do you and Alex collaborate? Like, is there ever like, is it like when you play pickleball with your husband and like on the way home? It's like if you did a bad shot, you're like, or is it like always fun or do you guys kind of have the same approach to design or like, how do you guys work together?

TIFFANY BRISENO: Well, he's um he's more on like the marketing um creative direction side and I'm, you know, the main designer. So we were both playing to our strengths.

JVN: Oh, I love that. So it complements each other really well, how do people get their hands on your collections when they, if they want to get it and they just like falling in love with you and they want to get your work? Is it like, do you get it on like everydaylords.com or what? How can I get it?

TIFFANY BRISENO: That's right, everydaylords.com or are IG's Everyday Lords, like and follow!

JVN: You guys like follow and fucking share yesterday? Ok. So before we do our like our, our um rapid fire which is like what we do in, in all of our episodes at the end, I do want to hear about you. I mean, how does a queen just like become a celebrity stylist? What was your path like how did you get started as a stylist?

TIFFANY BRISENO: Honestly, I fell into this by accident. That's, that's the truth. Um, I was in the dance world. I was a dance choreographer for 17 years –

JVN: Your hair is giving me dance choreographer.

TIFFANY BRISENO: Oh thank you!

JVN: You know, it's funny to you. It is, it is like this little like barrel waiver. It's like gorgeous.

TIFFANY BRISENO: It's giving Martha Graham.

JVN: You're a choreographer. I love it. It's so pretty. But tell me it is gonna be Martha Graham. Yes it is.

TIFFANY BRISENO: It's giving Martha Graham huh? By the way, that's my alias. If anyway. No, just joke. Um, no. Yeah, I um so I came from the dance world um on my mom's side, they're all dancers on my dad's side, they're all musicians. So I wanted to, you know, go to Juilliard and be a big dance choreographer um which I did and then I went –

JVN: You did?

TIFFANY BRISENO: Yes, I did.

JVN: Casual bitch!

TIFFANY BRISENO: But I was, I was, you know, a choreographer. I was you know, some of my students went to, uh So You Think You Can Dance and you know, I toured with Mia Michaels, all of the things.

JVN: I LOVE MIA MICHAELS!

TIFFANY BRISENO: But um I went to school for design because that was also another passion of mine. So I've always been a designer and I wanted to get into the fashion world for design and somehow styling just kind of found me and I've just fell into styling and then Shawn found me and I fell into celebrity styling and then I moved to New York and then, and then I moved to LA and now we're back to design and it's just been, it's all just been a really blessed journey to be honest.

JVN: Um I'm sorry, I freaked out about Mia Michael's but that's so major. But you know why that's like so organic and beautiful. It's like you understand movement so well because you're a dancer. So you like understand the way that like fabric needs to move around for it to be comfortable in the way that it's like art and function all brought together. I feel like a dancer would be such a natural fit as a stylist, designer, all of it. So that is like so beautiful. Do you like, I often think about just like younger people growing up right now because it was, I can't tell if social is like better or worse having this much access to information because on, on some ways I don't know. I'm 37. I don't know what age box you're in, but I'm 37 and I feel like when I was younger it was like MTV, the news and like a magazine, like, you had time to not be around pop culture, you had a time to, like, not be inundated with so many other people and so many other opinions because you could just, like, watch TV, and then be done.

TIFFANY BRISENO: And digest it.

JVN: Exactly.

TIFFANY BRISENO: Process it.

JVN: Like now it's like exactly so with, with, with so much noise and so much competition. Do you have advice for other aspiring artists and for people that be like they have more to give in their industry and they want to become more successful? Like, what's your advice?

TIFFANY BRISENO: I think, you know, and maybe this is my dance background. But I think that, you know, being aware of the people that you admire what they're doing and what they're accomplishing is healthy, you know, it's healthy to know what's out there and what the possibilities are. However, everyone's journey is different and there's so many different ways of getting to the same place. You know, it could take long, it could take, you know, a short amount of time. So always say yes to every single opportunity, be open to any situation because you don't know if that situation that you're not really into will get you into the situation that you actually wanna be in. So you want, you need to be open and, and just stay in your lane and just don't pay attention to what your neighbor is doing. Really don't.

JVN: It's like a test.

TIFFANY BRISENO: Really don't.

JVN: Like don't, don't be cheating on your, let your neighbor do their own work.

TIFFANY BRISENO: And applaud them and, you know, be aware, you know, you don't not want to be aware but in a healthy way, like, and if you feel like you're starting to compare yourself a little bit more than time to have a social media cleanse.

JVN: I think it's time for me to have a social media cleanse.

TIFFANY BRISENO: Right?!

JVN: Um, are you ready for a rapid fire round?

TIFFANY BRISENO: Of course!

JVN:Ok. What is your go to budget beauty recommendation under \$10? This is giving more products, topical hairspray face something.

TIFFANY BRISENO: Ok. I love the brand, the ordinary. They make a really amazing cream like face cream and it's probably less than 10 bucks.

JVN: Ooo it's a really good answer. Splurge recommendation. It's giving bougie, it's giving just financial responsibility, we don't know who that is.

TIFFANY BRISENO: Right? So uh full disclosure, I spend probably more money on products than clothes. Um Aesop to me is I mean I use all of their products, all of their face products. They're amazing. It's you know, healthy clean beauty. It's totally worth the price tag.

JVN: Ok. Aesop, I have, I use their hand soap, I have not got and that's a good thing for us to review. We're going to get into, I take your word. For it. But we just, we need to incorporate because we haven't been getting into them. And we should. What's a product that you never leave home without?

TIFFANY BRISENO: A product? I would say my Burts Bees lip chat. I'm a low maintenance kind of gal. So it's Burts Bees.

JVN: What's your favorite? What's your favorite vintage beauty look or beauty memory?

TIFFANY BRISENO: Hm. That's hard. Ok. I'm gonna say one that's personal to me and one that's just iconic for the masses. The one that's personal to me. Um, my grandfather was a famous mariachi singer in the sixties and fifties and he toured the world Mariachi Vargas for all those Mexicanos out there that know. Um, and just him and like the black and white movies that I used to watch that he was in, in his Mariachi garb like to me, I'm like, come on. That's so I just, I just love it, I love it.

JVN: I love that too. I want to see pictures that'd be really cute for the socials.

TIFFANY BRISENO: Yeah, I'll have to send you.

JVN: That is so cute. Ok. What's your one for the masses or was that for the masses?

TIFFANY BRISENO: Well, I mean for the mass –

JVN: It could be both.

TIFFANY BRISENO: It could have been both, but I have to say Jimi Hendrix when he was playing Woodstock in the seventies, I mean, come on, the man was like, first of all, what he was wearing was king with the Afghan. Um I think it was like an Afghan vest. Insane, like just

insane and just his, his energy made that look even more vibrant and I just can't get that visual out of my head.

JVN: That's a really, I might add this out of my mind but didn't he have a headband?

TIFFANY BRISENO: Yes, the headband.

JVN: I love the headband. I was right. Ok. Cute. Ok. Now this is really a super rapid fire. Are these fashion trends? Meh or major? Ready?

TIFFANY BRISENO: Yeah.

JVN: Barn jackets?

TIFFANY BRISENO: Meh.

JVN: Tube socks?

TIFFANY BRISENO: Meh.

JVN: Argyle patterns?

TIFFANY BRISENO: Meh.

JVN: Roll neck sweaters?

TIFFANY BRISENO: Ah, yes.

JVN: Chelsea boots?

TIFFANY BRISENO: Yes

JVN: Scarf jackets?

TIFFANY BRISENO: Meh.

JVN: Knee length trench coats?

TIFFANY BRISENO: Yes. Big yes.

JVN: Bracelet watches?

TIFFANY BRISENO: Yes.

JVN: Sheer tops?

TIFFANY BRISENO: Depends but meh.

JVN: Chinos?

TIFFANY BRISENO: Yes.

JVN: Tailored jackets?

TIFFANY BRISENO: Yes.

JVN: Rings?

TIFFANY BRISENO: Yes.

JVN: Polos?

TIFFANY BRISENO: Yes.

JVN: Uh, queen Tiffany. Where can we follow you? Where are you the most active? Are you on Instagram the most?

TIFFANY BRISENO: Of course, yeah.

JVN: Do you do Tiktok?

TIFFANY BRISENO: I do do tiktok. I should do more on tiktok but, @tiffnybrisenostylist.

JVN: We're gonna put the links right here. Um, and we're also gonna put the link to Everyday Lords for people to go shop and get their shop on. Tiffany, thank you so much for coming on Pretty Curious. We love you so much.

TIFFANY BRISENO: Thank you, Jonathan. It was fun.

JVN: Did you have fun? I thought so, I had so much fun. You've been listening to Pretty Curious with me, Jonathan Van Ness. You can learn more about this week's guest in the episode description and follow us on Instagram and TikTok @CuriouswithJVN. Pretty Curious drops every Monday wherever you get your podcasts and make sure to tune in every Wednesday for Getting Curious. Still can't get enough? Honey, you're insatiable! Subscribe to Extra Curious on Apple Podcasts for commercial free listening and our subscription only show, Ask JVN, where we're talking all about sex, relationships, or really just whatever's on my mind that week. Our theme music is composed by Nathanael McClure. Come on Nathanael! Our editor and engineer is also Nathanael McClure, yes! Getting Curious is produced by me, Chris McClure with production support from Julie Carrillo, Anne Currie and Chad Hall.