

## **Getting Curious with Jonathan Van Ness & Jeremiah Brent**

JVN: Hey, curious people. I'm Jonathan Van Ness and welcome back to another episode of Getting Curious. You guys! It's season nine premiere day of Queer Eye! I can't even believe even though I said that eight times before in a different way, I still can't believe it. I never thought we would get to nine seasons. I, I think that we're the longest running unscripted Netflix show in history and I just cannot believe that I'm here. Today is the day honey, a new season of Queer Eye just dropped on Netflix streaming now. Uh, we were in uh *\*sings\** *Viva Las Vegas!* Where we met the most incredible. I mean, I have fallen in love with so many of our heroes over the years, just loved all of them, but Las Vegas, honey, they have their own type of person and we welcomed a whole new face of the fab five, Jeremiah Brent. So today to celebrate Queer Eye season nine, we have a such a special treat. And I think a first of our series thing, this is the first time that the stars have aligned that Queer Eye dropped on a Getting Curious Wednesday. So it seems only fitting that I have. Jeremiah come join the curious the day we had such a fun conversation. But before we get into it, let's hear a little bit more about gorgeous Jeremiah Brent. Jeremiah Brent has one of the most stunning Adam's apples I've ever seen in my life. In addition to that, he's in an interior designer, television personality, and founder of the lifestyle brand ATRIO and Jeremiah Brent design JBD. Oh, you know, we love a little, a little monogram moment, an interior design firm with offices in Los Angeles and New York City. His process begins by developing an in depth familiarity with his client's emotional lives and personal journeys, integrating the nuances of their stories into his design choices. In addition to his JBD clients, Brent shares, oh, I love, refer to people's last name, Brent shares his expertise and eye for design with households around the world through brand partnerships and custom product lines with partners like living spaces and Petsmart and as host of a multiple hit television series including as a recently announced Netflix's Emmy award winning series, Queer Eye. Jeremiah currently lives in New York City with his husband, Nate Berkus, who I love and their two young children, Poppy and Oscar. You guys, that was the hardest bio ever gotten through just because I love Jeremiah so much and it's like so crazy when you read bios about your friends like that. But anyway, let's get to our conversation with Jeremiah. Jeremiah Brent. You gorgeous, stunning, sweet person who I love so much. How are you?!

JEREMIAH BRENT: I'm so good, Jackie, how are you?

JVN: I'm thriving. I'm so, I, I feel like such a lucky person because we literally had dinner together last night and now we're together now –

JEREMIAH BRENT: Are you tired of me yet?

JVN: I could never and can I also just say that I think this is a first for us with Getting Curious and Queer Eye history while I have had all of our castmates on Queer Eye. And now you are also now a cast mate and you are on Queer Eye, which yes, so welcome to the family. So glad you're here. I don't think we've ever had one of our Getting Curious episodes come out on the same day as a Queer Eye season –

JEREMIAH BRENT: Ah, is that true?

JVN: Yes! So this is the first for us.

JEREMIAH BRENT: Yes! That's right.

JVN: What's it like is it making your Getting Curious Universe, uh first,

JEREMIAH BRENT: I'm just so happy to be your first for once, Jackie.

JVN: Oh my god Jeremiah, you're –

JEREMIAH BRENT: My god, you never forget your first.

JVN: Wait just to go really far back though. Just because I didn't get my full narcissistic tendency out. What was your first impressions of me other than skinnier and taller than what you originally thought.

JEREMIAH BRENT: You were super warm, really nurturing, uncomfortably intelligent and um really fucking funny. Um, and you know, there's certain people you meet Jackie that when they walk in the room, they, they like bring a different air to it and, and they bring and that's you, you know, that it was, it's always been you since I met you. And so, you know, it's a really weird position for me to kind of walk into a situation and feel so, um, protective of people – new, but still protective of what you in particular have been through. Um, and what you've all been through. Um, you know, and, um, I don't know, I've, I've loved you since the second we met.

JVN: You – just origin story. So I want people to know about you and, and how you got your start. What like what is Jeremiah's origin story? Where did you grow up? Where are you from? And this is me doing like the journalistic thing where like I'm asking you questions that I already know because you're my friend and I've already asked you these questions, but I need the listeners to know.

JEREMIAH BRENT: Ok, I grew up in a really small town in central California known for like meth and murder um called Modesto. Um, yeah, it was like very Modesto.

JVN: Meth, murder, Modesto honey. Give me the alliteration.

JEREMIAH BRENT: And one small gay decorator. Um, and, but it was um you know, listen, it was a country town. Um, we did not have a lot of money, but my mother was like worked her ass off. She was a single mother for the first half of my life and then she remarried and they had a little girl together my little sister. Um, but it was a pretty normal childhood. I mean, you know, it was a small town, my mom, you know, working really hard, had a really tough relationship with my stepfather. It's not great. Um, you know, and the second I could get out of there I did, I left when I was 17 for college and I never turned back. Um, but, yeah, it's an interesting journey –

JVN: No! Young Jer.

JEREMIAH BRENT: I know, I know a lot of abuse, a lot of not good stuff in that house when I was younger.

JVN: Survivor of abuse Jer.

JEREMIAH BRENT: Yeah.

JVN: We have used but I feel like did you, how did you process that? And I mean, I think you're really one of the most emotionally like um mature and nurturing people, like you really

do create this incredibly safe, nonjudgmental space for people to be themselves. But you don't just like go through a bunch of trauma and then just like learn that without, I mean, I'm just gonna, so basically trying to ask, did you use some really good ass therapy, honey? Like or did you write about it? Like where did you write about some of the abuse or is that just something you've been open about through –

JEREMIAH BRENT: I don't think I've ever shared it actually until right now.

JVN: No?

JEREMIAH BRENT: I don't think so. Um I mean, people in my life now like intimately. Um, so that's why I'm in a flop sweat. Um, but I mean, the truth is, listen, I was a –

JVN: We can cut right around that Jerry. We don't have to talk about, you know, we're –

JEREMIAH BRENT: No, no, we're being honest. Listen, I was a closeted queer kid and I spent the vast majority of my life lying about anything and everything I could to avoid anything and everything I could. So, you know, I left there. Um, I left my, my stepfather was, you know, listen, Nate always says that my superpower is forgiveness because I can really forgive anybody pretty much for anything. I mean, I really feel like life's too short and I actually had a really beautiful moment with my stepfather in my early twenties where, um, and when I came out, he actually was the most supportive, surprisingly. Um, because I think, you know, there was a lot of, uh, resentment and jealousy that he had with my relationship with my mother is very bizarre. Um, but we squashed everything and I moved on. I really did because it just didn't serve me like that angst part of my life. I did not like where I lived in that day to day –

JVN: And you just, like, learn that you didn't even go to therapy for that. You just, like, learn that?

JEREMIAH BRENT: No. Yeah. I mean, I didn't, I mean, listen, it was not, I'm, I'm definitely giving you the PG version. It was rough. The childhood with him was rough. It was really tough. Um, but I left as soon as I got out and like I said, like in my twenties, I don't know, like, again what everybody else's experiences with it. But I, like I was, you know, in my ear, like, I think my early twenties, if you asked me if I was wearing a blue shirt, I'd say it was red, it was just a disaster. Um, and I had this core group of five girlfriends who are still my best friends to this day. And I remember one of them sat me down and she looked at me, she goes, you lie about everything. You're not straight, you're not this. She's like, why don't you just try, just try and see what happens. The five of us will be here for you no matter what, just try it. And that was it. That was the end. I mean, the second I had like that unconditional support and love that I had never really felt um it changed the entire trajectory of my life.

JVN: Ok, not to be Josie Grossi takes such a hard right turn. So once that happened and it's like 23 year old Jer –

JEREMIAH BRENT: Yeah.

JVN: Then they were like, girl, you like guys. So then what happened? Were you, were you in New York? Where were you?

JEREMIAH BRENT: Well I was in LA and I um, god Jackie –

JVN: Did you like accidentally slut it up really hard before Nate? Was like kind of what I was like asking? Or was it just like a light slutting? It was like a very light LA slutting.

JEREMIAH BRENT: It was like a light slutting. I mean, I definitely, I was not meant to be single. I was a really bad single person. Like I, were you a good dater? Like single person because I was a ghoster. It wasn't cute.

JVN: Oh, no, I know. I don't know what kind of dater I was, I think probably, I don't know. But that, this is actually, this is about you, Jer.

JEREMIAH BRENT: I'd love to talk about, you know.

JVN: We want to hear about your light slutting of LA.

JEREMIAH BRENT: Yes, I was, I did, I did a nice light slutting. A sprinkling if you will –

JVN: Just like respectable, like it wasn't like –

JEREMIAH BRENT: Yeah.

JVN: It wasn't like my because my slutting wasn't slight. I wrote a book about it –

JEREMIAH BRENT: Yes, I know.

JVN: It was giving bath houses, it was giving the meth, it was giving numbers. I think I got a comma in my number. I'm not proud of it. It just, it happened and I, you know, but that's, it's bad here. But, but that, that's just like where I used to be is not where I am now. She's much more like, but actually I do think, never mind. I'm not going to talk about my never mind. I'm so glad that I, that's just so, you know, listeners. That's two times that I've fought off the urge to talk about my fistula the third time it I broke and I did just bring it up. But just so you guys know in the last 24 minutes I've wanted to talk about it twice but I haven't, which I think –

JEREMIAH BRENT: I can't even tell you your fistula got brought up in a conversation the other night and you weren't even there by Antony. And I was like, you're talking about it too? She's not even here!

JVN: So we're in Modesto.

JEREMIAH BRENT: Yes. Back to Modesto.

JVN: Anyway, I got it because now we're in our light slutting. But my question was, which I never asked. When did the inclination for design start? Were you like, was it growing up? And you're like, I need to like, not really show people that I really like design because that's kind of gay or was it? It was like a secret thing?

JEREMIAH BRENT: Well, I didn't know it was like real, I didn't know you could be a decorator. You know what I mean? It wasn't like a real career. I mean, everybody I knew that Decor, it was like a middle aged woman named Patty in our town. Like, it wasn't like a thing that I saw and I've always loved like the fantasy of how people lived, you know, we'd go to like these open houses with my mother on the weekends and I would like, think about people and who would live there and then I'd go home and draw floor plans for them. Um, but I never like, thought of it any thought of anything more than, you know –

JVN: But that was happening when you were little, like in your –

JEREMIAH BRENT: Like when I was seven.

JVN: So you were just like loving design kind of before you even knew what that, that it was. So you always kind of had this natural passion for her.

JEREMIAH BRENT: Like interesting because my, my intrigue to design had nothing to do with design. It had everything to do with the fantasy of how people lived. So it's like, you know, it's the beauty lens has always been different for me, which is why shows like ours are so important to me because it's at the core what I care about. It's like not about how much money you spend and God knows I can spend it. Um, it's about like thinking about how Paula can move through a house and how it can change and like imagining these moments that she would have and that's really where it started for me. I would make up stories in my head and then I would draw them out and sketch them out. And um, yeah, it's, it's always been that.

JVN: So you move from Modesto to LA, right?

JEREMIAH BRENT: Yep. Well, I went to San Francisco for college um from uh from Modesto, hated college and moved to LA.

JVN: Did you finish?

JEREMIAH BRENT: No, I was like, I gotta go. It's not for me. I was, I was not the guy. I, I was always ready to just like live life. I was not interested in being told where to go or how to do it.

JVN: When did you realize that design was a thing?

JEREMIAH BRENT: I mean, I had been working in, in and out of different showrooms, furniture showrooms and then I was working for Rachel Zoe Styling because I thought I wanted to get into fashion and I didn't give a shit about the clothes. I mean, I love the clothes, but I would be more fascinated with like the genre –

JVN: Now what year was this Jeremiah to really quick?

JEREMIAH BRENT: I was 25, 26 maybe?

JVN: And did you start working for Rachel before the Zoe project?

JEREMIAH BRENT: No, I was during it.

JVN: It was?!

JEREMIAH BRENT: Yeah, I was on one season of it.

JVN: I knew that but I didn't know if you like, but I didn't know if you'd like met her before she became like Rachel Zoe or –

JEREMIAH BRENT: No, I met her during a dinner with Kevin Huvane and um she was lovely and she was like, come on, come work for me. I had no idea. I was going to be involved in the show um which was fine, whatever. I was like, whatever, who cares?

JVN: But you hadn't met Nate yet –

JEREMIAH BRENT: No, she introduced me to Nate.

JVN: Oh my God. So, but how did you know? But also we can believe three times ago and talk about this. But how did, how did you end up at a party with Kevin Huvane?

JEREMIAH BRENT: So my dear friend at the time, her name was Mandana. She was running Rachel Zoe's company and Rachel Zoe was represented by Kevin at the time. And, and so Mandana was like, come to dinner. It's going to be a nice evening. And so I went and that was it. That night I became dear friends with Kevin. I met Rachel and you know, that's really started everything.

JVN: Not to make your life about me. But this is why we need to not be so antisocial –

JEREMIAH BRENT: I know.

JVN: Because just saying yes to like that made you make –

JEREMIAH BRENT: But you're social, right Jonathan?

JVN: I am. But I'm also, I think I am but I'm just like, not at night like I feel like if I like I'm around a bunch of people during the day –

JEREMIAH BRENT: Yeah.

JVN: Like it's hard for me to like one like it's like the hairdresser in me. But again, this isn't about me. See, did you see how caring he is? You guys, you give him an inch now he starts asking those questions with this girthy Adams apple and his fucking big blue eyes.

JEREMIAH BRENT: Nate is really gregarious and can talk to anybody. I'm definitely a little bit quieter and I don't know, I might, I don't know. I get a little cagey. I need like native Nate says I need 15 minutes anywhere we go and then I can like ease into it, but it's like they work on it.

JVN: But it's like if people invited you over for like breakfast or like brunch, you know, like I would do this. I want to do but it's like seven o'clock at night, like my little circadian rhythm. Like I'm, I'm like two hours away from my body wanting to be asleep, so I –

JEREMIAH BRENT: You're just like the elastic waistband.

JVN: Yes. I'm just like, I'm, I'm old like that. I've always been like that but if I, but but not always. And I'm also one of those people where it's like, even if you invite me somewhere and I say no, like I still want you to invite me –

JEREMIAH BRENT: No, I know.

JVN: Like I just fall asleep early. Like, fuck, do you want me to be there asleep?

JEREMIAH BRENT: You're not old. You're uncomfortably young.

JVN: But I love when you say that I'm uncomfortably smart and young. It's so true. Sorry about both of those things.

JEREMIAH BRENT: I know.

JVN: you move to LA, you, you're with your friends and then you go to this dinner and then that's how you meet Rachel, Rachel Zoe. And then you end up on the Zoe project for one season. You're like, I wanna be, I wanna be do fashion. And what was that experience like? Because was, was that 2013 or 14?

JEREMIAH BRENT: Yeah, one of those. It was way back when and it was the first time I'd ever done anything on television. Um, and you know, it was like in its heyday like a Bravo where Bravo was like the type of thing where they were really trying to get you, the producers would like sit you down for seven hours of interviews and they'd be like, Rachel was really mad at you and it turns out she wasn't, but they wanted to kind of, it was like, really interesting.

JVN: They just needed to plot.

JEREMIAH BRENT: Exactly. And I remember the first day shooting, I'll never forget. I, you know, I, there was no school for this. It's not what I did. It was totally by accident that I'm here and I shot this scene with Joey and I left and I was like, ok, I did a good job and the producer comes to me, she goes, I don't want to tell you this, but you're really boring. We need you to figure out how to not be so boring. And I was like, what? So I was just like my first day doing television, which is just genius. I always think about it. Um, but it was really interesting. She was the first person that said to me she's like, you know, just remember, don't say anything um that you're not going to be proud of saying because it will live forever when you're standing up there. You know, she was, it was really an interesting experience and she at the time, like, really was on the forefront. I mean, that show was, you know, she gave people access back then that they didn't have access to. Um, but it was not for me. I knew right away and she knew too. She was the one that looked at me and said you're not supposed to be a stylist. You don't care about the clothes because you, all you do is care about the interior. So why don't you do that? Why don't you actually pursue that?

JVN: But in that like in that era, like was there like Instagram yet or like Facebook?

JEREMIAH BRENT: No.

JVN: Like did it to being on that show? Did it change your like experience of living in LA?

JEREMIAH BRENT: No, not at all.

JVN: She did that show for a season but what you got out of it? Oh No, two seasons.

JEREMIAH BRENT: No, one season. And then I was like, goodbye.

JVN: Oh You think you do this? But then you were like, but what you really took out of it was like this love of design and this like clarity of knowing that you love design.

JEREMIAH BRENT: Yeah. And I met Nate, which I think is another divine reason.

JVN: No, that was Jonathan. That was just my ADHD mix with my stoner you guys –

JEREMIAH BRENT: No, that's ok.

JVN: Because that's obviously Nate. So how did that introduction go? Is Rachel was at another dinner?

JEREMIAH BRENT: No, she said I have the perfect guy for you. Meanwhile, I was dating. I had one type which was uh Australian surfers. Um, I know told you light slutting –

JVN: Light Australian slutting. No, those Australians are hard to like, they're just a little like I get it.

JEREMIAH BRENT: I climb up like a koala. Um, so anyway, um I um she's like, I have the perfect guy for I was like, great, let's do this. And she goes, but he's dating somebody and I was like, what she's like, yeah, he's like, been in a relationship for four years. His name is Nate Burkus. And I was like, yeah, she's like, have you heard of him? I was like, yeah, I've heard of him. Um, and, um, she was like, well, you guys should meet anyway just to be friends. I was like, great yay. Um, and so she connected us and we actually were friendly for years um while I was working with her and everything and then fast forward, I was in New York and there was a mutual friend was having a party and my girlfriend canceled on me and talking about how an antisocial I am. I've never in my life gone anywhere alone. That was the one time I've gone somewhere alone and I was like, fuck this, I'm going, I'm gonna do it and he was there and he came up to me at the bar and I grabbed my ear and like away, I was like, where's the little angry boyfriend? Where's he at? What's going on here? And he grabbed my ear and then he asked me out on a date and that was it.

JVN: He grabbed your ear?

JEREMIAH BRENT: Yeah. You know, like one of those like, you know what it means kind of grab –

JVN: But I like his jaw and his pack. So I feel like if that type of person grabbed my ear in a bar. I'd be like, ay!

JEREMIAH BRENT: Yeah. Yeah, I was, trust me, I was like, where are we going? What's our actually wasn't gonna go on our date. Um, a friend of mine was like, because I was here in Montauk surfing like, for a weekend and he was like, you need to go, like, just go see what happens.

JVN: Like I love that that. You said that. What are we doing? Where are we going? That's so cute. And what year was that?

JEREMIAH BRENT: That was 14 years ago? 13 years ago.

JVN: So that was 2010?

JEREMIAH BRENT: I mean, no, no, no, I met him right after I'd finished Rachel's Zoe and I met him when I was 26 years old.

JVN: So that was 14 years ago because you just turned 40. So then the Rachel Zoe project was probably like 2010?

JEREMIAH BRENT: Yeah, might have been earlier.

JVN: Girl that was like the Vancouver games.

JEREMIAH BRENT: Yeah.

JVN: Wow. What a story of fucking life. Ok. So ok, so ok, so that's 2010 then was ok. So then ok, but wait, I don't know if I want whatever. So then when, so let's talk about design because one thing that we said earlier, I mean, obviously you, how open are you about how many of the girls that you do?

JEREMIAH BRENT: I'm doing? Yeah. Just to say that I'm doing the girls that I can't get them mad at me.

JVN: Because those NDA's and Jeremiah's professionalism are sprawling. But I will just say this, Jeremiah is out here in these streets doing the girls.

JEREMIAH BRENT: I'm trying. I'm really trying.

JVN: Like she's really designing just those types of like Architectural Digest texture, stunning story sophisticated, like I am a penis having person, but my basement is flooded like your, no, your design is. And so actually one thing I wanted to ask about is like, well, no, let's stick, let's stick. Actually, I want to stick on your design and then, but I do want to make sure that I get to a point of like my ADHD is relentless today.

JEREMIAH BRENT: I love it. I love your ADHD.

JVN: Um, but so, but what is your approach to design? And how do you think about like designing a space, designing a home? Yeah, like what is your, what is your idea of design?

JEREMIAH BRENT: I mean, it's gonna sound super cliché, but it's really different than a lot of my peers, which is because I just figured it out for myself. It's a lot of the same shit that I did when I was seven years old. The first thing I do even with our show and the people I met, which is why I think it's so important to understand that living beautifully is not exclusionary, like to price point. There's a lot of beautiful things you can, you can live really beautifully affordably now. Um, but for me, it's always rooted in the moments that matter the most, for people throughout the day. And it's like I do this whole exercise, whether it's for my design firm or with the show where I sit with people and I try to understand where the day starts and where it ends. Um, what moments really matter to them, what moments they're not crafting for themselves yet. And then I build the space around that. I'm super visual. I have to sketch everything and I have to draw everything, my office, you know, look like a crazy person. It's all like images that I pull and like things that I put together and um you know, super visual, but it's a much more emotional approach um to beauty because, you know, the most important spaces that I've ever been in had nothing to do with how fancy they were, you know, they were, it was all about like walking into a space and knowing who someone is. The second you're in that room like that for me is like the best.

JVN: Is that bad that I never heard you say that before? Am I? Well, I guess I'm not like really on your like field trip. So that's normal. I guess that I wouldn't have heard that. But so basically like if someone was like, oh, I spend a lot of time doing like my glam. So like, and then you're thinking like, ok, so I want to do like a really great vanity, like a very gorgeous, like, organized, like place for them to be able to do their like, but then if it's like breakfast or if it's like family time. So you're really thinking about design from like a, a kind of like practical like moment space, which is so cool. So then what happens if, have you ever accidentally done a design where you were like, oh, no, I just did like a vanity and like a breakfast nook like that all. Like, because if you like, have you ever done that? It like went awry or do you do that when you're like, ok, so I'm gonna do like the like, whatever the things where you want to make the, I'm gonna do with these color palettes. So I make sure that like everything works together or something like did, did you ever accidentally like, do it? I mean, I think it's cut too short.

JEREMIAH BRENT: There's plenty of projects that you look back and you're like, hmm that didn't age kind of like, I wish it would have, but the truth is the thing about creating designs that are personal and not just necessarily rooted in trends or something that's for me is that you still see their story through it. So, I mean, that's, and that's really been like, kind of like a

guiding practice for me. But yeah, I mean, listen, I *\*unintelligible\** a fireplace a long time ago. I didn't need to do that. It was terrible. But, you know, it was a budget conscious, you know, it was a different time. Um, but I think, um I don't know, I love what I do, Jackie. Like, I really love what I do and I love telling people's story through their space. The same way I watched you tell people story through their glam, through their hair, your reinterpretation of like parts of them that they had forgotten. That's what I do with design. Like I get to really like psycho symptomatic and I can really dig in and understand like the nuances of somebody and their story. It's like, that's the best part of it. You know, anybody can buy expensive things that they think are pretty. But like if you walk into a room and it looks and feels like you and Mark like every ounce of it, that is what real design is supposed to be about.

JVN: So if you guys are just like fully butt crazily in love with Jeremiah as I am and, and I have really good news for you at this point, Jer has his own podcast. Ideas of order and you talk about home and how and what home means to you and to each one of your guests. So when does your podcast drop? What day of the week?

JEREMIAH BRENT: I don't know JVN. It drops that all at the same time I believe.

JVN: You do whole season batch drops like Mariah?

JEREMIAH BRENT: I think so, I think so, I'll have to let you know.

JVN: Like Beyonce? Like an album? I'm obsessed with that!

JEREMIAH BRENT: Yeah, you'll have to come on mine and we can talk about a home –

JVN: Please. Is there ever anything that like a bunch of clients have told you that they all did to their house that like you need to tell our people like how to fix if they fuck something up.

JEREMIAH BRENT: No, but I think people are always terrified of marble. I like the everybody, nobody wants like natural marble. They all want like an engineered stone or something because they don't want to worry about stains or wear and tear. Um, which drives me crazy because I love, that's the whole point of marble is that you can like live on it. You hate it too.

JVN: We're gonna get in a fight right now because no, because I'll tell you because I had this fucking designer. That was very sweet. I not saying his name but it's very sweet and he got this and he made me get this fucking real stone and you know what those hoes did, they didn't seal it or like cure it or whatever. So when I came home the first time I like put my purse down, I put my hands on the thing and I had like lotion on my hands and there was like two handprints –

JEREMIAH BRENT: Well you have to seal it, who doesn't seal it?

JVN: Like I was getting fucked on the, there's no seal, there's no seal.

JEREMIAH BRENT: You need to get your money back.

JVN: So there was like coaster handprints but and he didn't and so then I had this fucked up thing. And so ever since then, you know what I like, she likes a Caesar stone –

JEREMIAH BRENT: No!

JVN: And this is why I like a Caesar stone –

JEREMIAH BRENT: I like a Caesar stone.

JVN: Because I'm a hairdresser. I'm a hairdresser. I need to be able to just wipe it off. I want to just wipe it off. I have cats and dogs.

JEREMIAH BRENT: Fine, fine, fine.

JVN: I can't be having scratches on the marble. I got five cats that climb all over these fucking, all over these counters.

JEREMIAH BRENT: You and these five cats, you can still have a marble and have a nice sealant on it.

JVN: If I was like an Olsen twin, if I had that Olsen level of wealth, if I had like that level of wealth, then I would be like, give me natural stones until then as long as I'm like a practical girly who's like, yes to a lot better than she thought she was going to do. But I'm not giving you like Trump like tax evasion like just, you know, top 0.01 like Kushner money –

JEREMIAH BRENT: Mhm. Ok, yup.

JVN: I'm getting Caesar stone because I just cant.

JEREMIAH BRENT: I'm gonna work on this with you. I think we can get through this. I think I can convince you eventually for a natural stone.

JVN: I just started wearing my Birkins like regularly. So like I am into like wearing my luxury things –

JEREMIAH BRENT: Yeah, it's a new era.

JVN: And so the reason that it seems because like wear and tear on things that you invested in, you know what I'm saying?

JEREMIAH BRENT: Yeah.

JVN: Like I'm getting more used to it, but I just the thought of investing in a fucking stone just to have also at that same fucking house. I got that black tile on my backslash, that shiny black Moroccan tile that's really expensive. And then if I looked at it wrong, it chipped and then I just had this chipped ass fucking kitchen that pissed me off so bad. I've learned so much about what not to do actually and actually not to just go so ham at the end of the episode. But now it's all coming back to me because that apartment, the ceiling collapsed and it was like so much money and it was like this big fucking thing –

JEREMIAH BRENT: Where was this house?

JVN: It was in Nomad and it was like 2019 and it was this whole thing and it was like the board and it was like owning in New York, it's like just this crash course and all these things. But I really did personalize that house and all the things that I personalized like that black tile, it got fucked up –

JEREMIAH BRENT: You showed me pictures, it was pretty.

JVN: Like it was the floors that I did like got fucked up. So I think that's why I was just like, you know what? Give me like a basic tan floor with like white walls and I'll like do other

things. Like I'll invest in like the furniture and like my art because I don't want to invest in nice shit and then have to look at it. Get all fucked up every day.

JEREMIAH BRENT: Oh, Jackie who hurt you. I'm going to take care of you from now on.

JVN: I'll tell you his name when we're done recording. I mean, he was sweet and everything. But he just, I also –

JEREMIAH BRENT: He doesn't fix the marble.

JVN: Jeremiah. Can I just say you would be so obsessed with my mom.

JEREMIAH BRENT: I know, I think I would too.

JVN: My mom and you know, I wanna, I wanna get that. My mom has like professional pictures of her home run that she did because my mom did like a home oh, and she had to like, live in a rental for like a year and a half and she just put like her whole creative, like heart into it. And she did such a good job and I think you would really like it. I just think you would be like, I think you'd be obsessed. I think you'd really like it.

JEREMIAH BRENT: Yeah, I wanna see.

JVN: Um, ok. Wait, so Ideas of Order it comes out in batches. Very Netflix. It's very Beyonce. It's very like one drop –

JEREMIAH BRENT: Yes.

JVN: Get it wherever you listen to your podcasts. Um, does your podcast process, like, inform your design process? Do you ever get really good ideas, like from people when you're doing your pod?

JEREMIAH BRENT: Yeah. I mean, usually it's what I'm just inspired by people's story, you know, and their connection to home. It's always interesting to me to understand kind of where their journey began and where they're at now. Um, and how their space is kind of changed, um, alongside them. Um, you know, it's not necessarily, it's, it's about, it's about home, but it's more about people's journey through them. It's like, you know, and why, you know, my big fascination, which is what I wrote a book about, which is like, when people move into a house and they never leave, like, just stay there for the rest of their life. Like, how do you get there? Like, how do you decide that that one's enough? I couldn't do it. I mean, I haven't been able to do it yet. Could you?

JVN: I want that. I aspire to that. I'm so sick of moving.

JEREMIAH BRENT: Me too, me too. But it's like, you know, it's space, it's place, it's community, it's memories. It's like all these things have to be like, oh, I don't know. It's fascinating to me.

JVN: So many of the people in our curious community myself included are looking for ways to keep ourselves grounded on the day to day. You know, we love healthy coping skills. Is there a mantra or an idea that keeps you grounded or centered? Even when it feels like all hell's breaking loose?

JEREMIAH BRENT: Um, I mean, listen, my mantra is rooted in like my ceremony and like my rituals like throughout the day. Like that's like what, that's what tethers me to it all I get up

really early. I always have um I usually like a 5 am-er, 4:30 sometimes and I have a cup of coffee and the house is quiet and I light my candles and I put the music gone before the kids are awake. And I, like, I have my own time. And for me that's, it's super –

JVN: What time do they wake up?

JEREMIAH BRENT: Seven.

JVN: Yeah, I'm just, like, not meant to be a parent. You guys, because I do need that alone time in the morning. But I like mine to start at 6:40. 4:30, 5 o'clock –

JEREMIAH BRENT: That's why I started, I mean, that's why I started earlier because that's the only time of the day and I get some work done and I write in the morning. Um, you know, and I think, um, that for me is the most important time. That's the most important thing that I, I need is that that moment alone. So that's what I figured out. And just like throughout the day, like little things that, like, make me feel like I'm part of like, I'm like a coffee and a certain mug, like little things like that, that make me feel kind of just at peace.

JVN: I wonder if I could ever, I mean, I'm such a morning person too but for, I'm still, still, still stuck on that Jer. Like it makes my stomach hurt when I wake up that early. But you have to do what you have to do when you're such a good parent. You really are. That's out of think about you not to crawl up your ass and die on this last bit. But you're such a good dad and your family is so cute and your birthday party was so sweet and you really are just such a good parent –

JEREMIAH BRENT: Awe, thank you.

JVN: You're such a good friend.

JEREMIAH BRENT: Thank you, JVN.

JVN: And I just, one thing I had heard a lot about you before I worked with you because once I did find out that we were working together, I think once people at large found out that you were coming on the show, then people just started telling me all these things about you all the time –

JEREMIAH BRENT: Oh really, what did they say?

JVN: You know, the only thing I ever heard that you're just like the best person and have like the kindest heart and like so easy to be around and just like, and also like salt of the earth person was something that had been described. You just and you did, you were and you have been and you've just been like such a beautiful addition and I just love you –

JEREMIAH BRENT: I love you too. Thank you.

JVN: And I'm just so happy that we're friends and I'm so happy I could spend time with you, but I do have one more, two more actually. Um, when you're drained, what do you, what do you do to recharge?

JEREMIAH BRENT: Drink. Just kidding *\*laughs.\** Um –

JVN: Although maybe that was the answer.

JEREMIAH BRENT: No. Um, I mean, it's gonna, it's the complete opposite of my husband, which is interesting after being together for as long as we have, but I have to be alone like

I'm somebody who like really needs to be alone like when I'm drained, you know that saying like the silence. Um the the truth scream like the silence. What is it? The truth screams in the silence or something like that. Like, I need to be alone and by myself. So sometimes I'll go for a run like, by myself or whatever it is. Like, I just need to be alone when I'm drained because usually means I'm out of whack. And I mean, as you know, like life is so crazy and chaotic and busy, it's really easy to um lose yourself in it. So that's when I, that's what I do. I have to be alone.

JVN: That's, I'm actually really similar to that resonates so much.

JEREMIAH BRENT: Yeah, I'm definitely somebody who likes to be alone. So it's not like my husband cannot be alone. Like, if I leave town, she's got plans every night of the week. You know, she can't stay home whereas I can't wait to be alone.

JVN: Oh, my God. If Mark goes home alone or if Mark goes out of town, I'm like, I'm watching the 1984 games by myself on youtube. I have, I have like a whole busy week planned.

JEREMIAH BRENT: I'm like, what, what sci-fi am I going to dig into tonight?

JVN: You like sci-fi?

JEREMIAH BRENT: Obsessed. I have like the TV, like movie taste of like a 14 year old boy.

JVN: So, what's like your favorite TV series?

JEREMIAH BRENT: Oh God. Which one –

JVN: Well like top three?

JEREMIAH BRENT: Oh, that's so good. Hold on. I mean, I'm really into Dune: Prophecy right now. Are you watching?

JVN: Oh!

JEREMIAH BRENT: Yeah. See, I told you not super high brow. Um, oh, God, come back. Let me think about it for a second. I felt like my favorite movie is like Aliens 2. Like –

JVN: Oh a sequel is your favorite Jer? I didn't see it coming.

JEREMIAH BRENT: Well, it's very controversial but –

JVN: I really like zombie and apocalypse movies. I will say that too. Yeah, I'm into this.

JEREMIAH BRENT: Me too! What was that one on HBO?

JVN: The Last of Us? And season two is about to be out.

JEREMIAH BRENT: Oh my God, It's so good.

JVN: Yeah, World War Z was really good too. We just got to interview Frances Hannon on Pretty Curious. She did the hair and makeup and prosthetics design for Wicked.

JEREMIAH BRENT: Is that the Brad Pitt one?

JVN: Yes. And she did it for World War Z too. And we got to talk about like when he went through the plane crash and it got impaled by that metal thing. But then just like fucking walked out of it. We were talking about everything. I was, I'm obsessed.

JEREMIAH BRENT: I want you to know if there's a zombie apocalypse. I'm the bitch you want in your car with you.

JVN: Oh, I know, I already know.

JEREMIAH BRENT: Because I, I look friendly but I'll fucking kill somebody.

JVN: I actually already know and I think you'd be so resourceful.

JEREMIAH BRENT: Oh my god.

JVN: I, I need to start hoarding HIV medication. That's whenever I think about apocalypse.

JEREMIAH BRENT: That's where your head goes.

JVN: Things like no, because insurance only ever gives you like one month at a time and I need to start being like every three months like I lost it, I lost it. I lost it –

JEREMIAH BRENT: Yeah.

JVN: And then at like the end of the movie. I like open a closet and there was like 9 billion bottles of fucking odefsey. And I'm just like, I got it, bitch, I'm gonna live forever in this post apocalyptic zombie world. Even with my HIV!

JEREMIAH BRENT: We'd find it for you, Jackie. I would help you find it, we'd find it at a local pharmacy –

JVN: No, we have to go to a factory. I think, I think we got to go factory.

JEREMIAH BRENT: Well, we would do it. We'd have to make sure that there wasn't, it wasn't like a hive for all the dead zombies.

JVN: Oh, my God. And what if they, what if they, what if they're HIV positive and zombies? Like, is that worse?

JEREMIAH BRENT: I don't think it matters at that point.

JVN: I don't wanna put HIV stigma into zombies. You know what I'm saying? I have enough HIV stigma like here.

JEREMIAH BRENT: Yeah, that's fair.

JVN: I don't have to stigmatize the zombies. Ok. So that was good. Jeremiah. I need like a Queer Eye heartfelt moment to end this up, which is if you could go back and give 20 year old Jeremiah one piece of advice, what would it be?

JEREMIAH BRENT: Oh, my God. Poor 20 year old me. It's gonna happen the way you've, it's gonna, everything is gonna happen exactly the way you imagined, but it's not gonna look like anything you imagined.

JVN: Ah, mic drop. That was really good. That's kind of what we needed.

JEREMIAH BRENT: Um, and I think that's what everybody needs. It's kind of the beauty of what we're doing. On this show, you know, and what we get to do.

JVN: Ok. This is really good. This is like a really good last question. If you could design a space for any one person alive or dead, who would it be? And what would the overall concept be?

JEREMIAH BRENT: Ok, ok, ok, ok, ok. The one person who I would have wanted to decorate for this is gonna be super cliché. Um, oh God, it's a tie.

JVN: We have time, let's hear both.

JEREMIAH BRENT: Dead, I would have killed to have designed for Maya Angelou.

JVN: Ooo what a good one.

JEREMIAH BRENT: Her house, with that, I can only imagine –

JVN: Like a writing corner like a writing nook.

JEREMIAH BRENT: I can smell like the way the house would smell. I can see like light diffused through a drape and like I can see paneling and I have the whole thing in my head. Like what? Um, and then I've all, I mean, desperate to decorate for Hillary Clinton.

JVN: She deserves a win.

JEREMIAH BRENT: She sure does. And I'd like to take that pantsuit vibe and show her a house. But I feel like her design style is very different than the way she dresses, so –

JVN: Yeah, but because they have like, I feel like they have done good on their like speaking tours –

JEREMIAH BRENT: Yeah.

JVN: Like I feel like you have like a good budget there where you could really just like get some pretty fucking, you could talk about the stones –

JEREMIAH BRENT: No, I know.

JVN: Like you can get a good ass marble.

JEREMIAH BRENT: Like I feel like she wouldn't mind a statement marble either.

JVN: If, if money, I'm sorry that I lied. And there was one more question if money was not an object for a client and there was just like three luxurious cunt ass fucking like like rich fucking bitch thing to do. What would those three things be?

JEREMIAH BRENT: :Like furniture or things to do?

JVN: Anything, anything in the house?

JEREMIAH BRENT: Um well, I'm doing it with one of my projects. I the entire room is being clad in cashmere, the ceiling, the walls, the bed, the carpet is car cashmere. The whole room is like a bone colored cashmere.

JVN: What kind of cashmere?

JEREMIAH BRENT: Like 100% beautiful like, the craziest thing –

JVN: But there's no cats?

JEREMIAH BRENT: No, there's no animals.

JVN: No animals.

JEREMIAH BRENT: There's no animals.

JVN: How are you putting that on the walls? Is it like, is it like a padded wall with a cash – or is it like a like a hard wall with cashmere on it?

JEREMIAH BRENT: Yeah, it's hard wall but we back it with a paper and then you apply the cashmere to it. So the entire room gets basically upholstered and the ceiling as well. So everything. Um, that is like a really good one –

JVN: But there's windows, right?

JEREMIAH BRENT: Yeah, of course. The whole, there's a whole wall of windows. It's gorgeous, I just will –

JVN: Can you dm me a picture of that? Just like sidebar. I want to see that.

JEREMIAH BRENT: I'll dm you an elevation of it because it's being installed and it's not done yet.

JVN: But does that look what is that, has anyone ever done that before?

JEREMIAH BRENT: I mean, I've never seen it and it just looks like a cloud. It's so beautiful.

JVN: Girl, a cashmere sweater costs so much from The Row. I bet this coinsy, honey.

JEREMIAH BRENT: Coinsy.

JVN: But it, did you have to get like a different type of cashmere or is it like, or is a clothing grade cashmere clothing?

JEREMIAH BRENT: No, clothing grade cashmere.

JVN: But you had to get such a big piece or can you see like where the strips are sewn together?

JEREMIAH BRENT: No, no, no. The way we're installing it, all the seams would be invisible, so it'll be like –

JVN: Oh my God, you you gay like you fucking good taste having fucking homosexual.

JEREMIAH BRENT: I know. I know.

JVN: What other two things?

JEREMIAH BRENT: Um, cashmere is a good one. I would say um –

JVN: What I like but sometimes don't you, I feel like you are like this is like a reclaimed fireplace from 16th century like Pompeii.

JEREMIAH BRENT: Yeah, yeah. I like, I like old like I love to take like salvage materials like old fireplaces. Um, you name it that we should we find in like Europe in some crazy like we just pulled the floor out of a chapel in the south of France um that they sold us. And so we're

gonna take that entire floor and put it into the entry of another house that we're doing. So that's a crazy thing. That's like no budget moment. Um, and I think my, my other favorite thing is, and we have some clients that are like this, which is, here's the house, tell us when it's done, we want the flowers and the candles done and then that's it. And I don't talk to them again for three years and then we hand them over the house and I've made every selection, every single thing just done. The flowers are lit the candles. I make them like a binder with the –

JVN: I was just thinking about a binder, like with like your like because like what like your internet and like how to do the –

JEREMIAH BRENT: No, I, well that is that but I also like all the inventories listed in the binder. So they have like a complete rolodex.

JVN: Is there like a how to open the shades?

JEREMIAH BRENT: Yeah. It's all there. I make a scent profile for them based off of what they like um, in each of their homes.

JVN: Bitch, what's that? Like? What do you sign up for in the Jeremiah Brent design firm for that? Like is that like, is there like a menu that you pick from where it's like with that option?

JEREMIAH BRENT: Yes. That's the, that's the, it's very specific. Um, but –

JVN: I want, I want that girl, I want that.

JEREMIAH BRENT: No, you would want that you want to be involved.

JVN: No, can I tell you this is I love that. I was like we're done 10 minutes ago but I'm so much more so in the in my nomad house that I was talking about. Um, I very distinctly remember working with my designer and I was so tired. Like I was writing my first book and like Queer Eye season like two or three was out. It's like 2018, 2019. No, it was 2019 and it was like, we just got back from Japan and this was like the day that we had to do the selects because he was like, girl, you're never gonna move in if you like, we have to pick these things. So I was like, ok, come over and like we'll do it here. So we were sitting next to each other on the couch and I just remember him like jamming his elbow into my arm and he was like, girl, are you asleep? Like I fell asleep sitting up holding a book of fabric at like two in the afternoon and I wasn't even stoned –

JEREMIAH BRENT: That's amazing.

JVN: Like I just like I just like fell asleep said he's like, he's like, I, I need you awake like we'll do it tomorrow like this. Like I was like, I'm sorry, I've never been this tired of my life.

JEREMIAH BRENT: That's amazing.

JVN: That was such a good answer though. Um, Hillary Clinton obsessed, Maya Angelou obsessed and you, I feel like you're getting more active on your tiktok. But where can people just like fully follow you the hardest? Like where are you the most active?

JEREMIAH BRENT: I mean, Instagram and tiktok for sure, but I'm working on it. I'm not that good at it. I gotta get better at it.

JVN: Do you want an unsolicited carousel note that I almost DM'd you the other day?

JEREMIAH BRENT: 1000 percent, you can text me, by the way, any note, Jackie, I'm so bad at this.

JVN: Well, I didn't wanna, and I like, I like to give people at the end of the episode. It's usually a Pretty Curious thing but sometimes, well, actually it is really Getting Curious. I usually tell people like how I think they need to be on tiktok if they're not already, but on your Instagram carousels. And I realize that you're an artist.

JEREMIAH BRENT: Yeah.

JVN: I see you, I feel you, I realize you have like exceptionally good taste. I see you. I feel you, I honor you. I validate. However, we must see the front of your face.

JEREMIAH BRENT: Ah, I hate my face.

JVN: I can't have a carousel. I can't have a carousel where it's, it's on floor and yeah. No, I can't have like a floor and then like a ceiling and then like a picture of like the back of your head with like a front of Nate's face is like, no, if you must hide your face then, well, no, because there was literally a picture of you and me holding hands with the back of your bodies is like the third picture.

JEREMIAH BRENT: Yeah. That's my favorite angle.

JVN: I need the front of your body. No, we pay good money, ok?

JEREMIAH BRENT: Ok.

JVN: To follow. We don't really on this, but our meta data is good, ok? The metadata, the traffic over there to your gram. That is ok. And obviously it's working for you. I mean, you've got endorsements coming out of your cunt. You are, you're slang. So I get that the buyers aren't giving you notes for the carousels for me, for this girl over here and for most, for most homosexuals and women who also enjoy your face and your Adam's apple and the eyes and you're so cute. I just, it means, and I think also scientifically, I've read that on Instagram. You need face, I need a little face. I need front face –

JEREMIAH BRENT: I know, everybody yells at me about it.

JVN: But you're like this artsy girl. And I get that that's maybe not who you are. But I do just think –

JEREMIAH BRENT: She's so moody, you know.

JVN: You know, I just could use a little bit of face. Also, I get that you're a dad but the titties in the arms, we could also see because –

JEREMIAH BRENT: No, that's Antony's world.

JVN: I'm going to leave you guys. I'm going to leave you with this. I'm going to leave you guys with this last anecdote. And I think this is when you realized that you were safe. It was our first group photo shoot and it was like our second day on set and it was when we did like the main picture that's like the key art for the season when we were like in the um, in our in our Vegas outfits. And so after we did the Vegas group shot, we all had to do singles, like, not as showgirls and it was, I was going to change clothes and it was my turn to come back. And Jeremiah had been doing his singles. And so when I came on the set, I come around

the corner, Jer can't see me and Jared's been all like, no, I'm shy, like, I don't really do that. Sort of like, I don't really show my, no, I'm like shy. I come around the corner, Jer, he got his sweater, he's put the sweater in his mouth. So he's like holding and, and so I can see abs, all I see is like perfect abs and the bottom hemispheres of like two perfect man pecs, two perfect man pecs with like a tan fucking torso like a well tanned torso. And I, I, I was like, I clutched my pears. I was like, I didn't because I didn't know that Jer was working with that because he's one of these classy homosexuals who doesn't post their hot ass body all the time.

JEREMIAH BRENT: I know, it's my hot ass body.

JVN: Not that it's not classy because he is, but it's, you know, so, but that was when I was like, oh my God, I was like, this girl does show a little bit of edge, honey. She's got –

JEREMIAH BRENT: No. They told me to do that and then I got done and Tan was like, just so, you know, they're 100% going to use that. Like that's exactly what they're going to use.

JVN: I also, my story is better that you just did it out of your own accord.

JEREMIAH BRENT: Yeah. Fine. Yeah, I'm secretly a slut.

JVN: No, just, well, it's just a hot, it's not even your secret. So you just like you, you secretly have this. Like, if I had your body, I wouldn't wear shirts. I would only be wearing like, cut off sweatshirts that, like, showed my torso. Like I would only be body con dresses.

JEREMIAH BRENT: I love you. But I –

JVN: High velocity skin.

JEREMIAH BRENT: She's shy.

JVN: But I love that about you Jeremiah. Thank you for coming and Getting Curious and thanks for coming on Queer Eye and we love you so much.

JEREMIAH BRENT: You're the best. Thank you.

JVN: For some reason when I say like, did we learn the thing? I always think about Ariana DeBose, which I love Ariana DeBose and I love Angela did the thing um or no. Who did the thing? Yes. Viola Davis. Yes. Ok. So we sure did learn who Jeremiah Brent is and if you want to know more about him, make sure to go on over and watch Netflix season nine premiere of Queer Eye because Jeremiah just shines so bright on the show. His energy is so infectious and I just think you guys are gonna love him. Um, the cashmere room, you guys. And I'm also curious about like, how rich do I have to get to? Like I saw this Tik Tok video, you guys of this guy who was this like heir to this like huge fortune. And he was literally buying a penthouse off of Zillow at his college class. Like this guy was behind him filming this video of him literally purchasing a fucking penthouse in New York off of Zillow. I want to do that and then I wanna like give it to Jeremiah to decorate but rent it out for people in need or something. Oh no, that's not what I wanna do. I just realize what I wanna do. I wanna, I wanna have enough money to do that to get like the whole, I'll see you in three years treatment. I'll move into that house in three years that I will have such Olsen money that I will keep my current apartment and rent this apartment out, which is gorgeous to people and foundations who need it. Ok? So that's, I just, I know that like capitalism is the root of all evil and it sucks and like boo but to get a penthouse and just say, hey, three years do all this

stuff. I want candles lit and like the really cute books and like flowers and that's what I wanna walk into. Dang. I would just be really like Mackenzie Bezos and just give away so much money if I had that much money. But I also do the thing that I just said, ok, calm down, Jonathan. This is what I'm curious about now. Lying. Honey. I loved Jeremiah's little anecdote about or I love Jeremiah's anecdote. About his best friends that stayed with him through his process of kind of realizing who he was when he was younger. So it's like lying, lying to ourselves, lying to others. What's the psychology of lying? How can you tell when someone's lying and does and what does lying? Like, I think there's this, like idea of, it's like a liar is a bad person, but it's like people lie for so many reasons. So I'm just curious about lying and like, why do we do it? Um, also, um, the transmuting of trauma into reason or like taking your pain, taking up a painful past in your trauma and transmuting that into like, finding your purpose. Um, your reason for being, like, leaving things better than you found it. Like, what's that? Like, how do people do that? Where do people find that within themselves? And why can some people have such a harder time being able to do that? And myself included? Like, sometimes I get so down in my own shit where it's like, let's use this and make it for something good and positive. Um, so I think that's really beautiful. Also the science. Oh, actually, this has nothing to do with anything that Jeremiah said this has something to do with this article that I read a couple of weeks ago, which is so random for me to leave on this note. But I'm going to, apparently there's this big scandal in the academic world because there are these people. So basically where this is coming from is I, I, I am curious about like rituals that lead to like how daily like what's the science? I I can say you guys, what's the science behind daily rituals and how that can center someone or be better for your mental health? But then it made me think about this article I just read like a week or two ago that was basically about this. It was like, people doing centering or like calming exercises before a stressful environment versus people that like, didn't do the calming thing. And like, how did they perform? It was like, they had to like sing karaoke in front of people. But then it came out that like all of this data was like farmed like, well, it wasn't all of it but it was just like, it was exaggerated. Like it didn't make sense like how people were performing like in this stressful situation versus not like, it just wasn't really fully controlled and it was like this big, like academic brewhaha about like scientists who would like, faked their papers. And so I'm curious about that, like, we need to like, I wanna find out about that article and like, what the deal is with that. But I think the final thing that I'm curious about now is like, how can we head into the New Year with joy optimism? A a certain je ne ce qu'a, certain joie de vivre whatever. I don't speak French. Um, but I want to know how we can like keep our chin up and stay joyful through the next year. So we have the perfect guest coming up next week for that. So you guys, I love you. Thanks for listening to Getting Curious. We love our curious people so much. We love our community so much. Thanks for being a part of it. Thanks for sticking with us and thanks for watching Queer Eye you guys. I love you guys. We'll see you next time on Getting Curious.

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